



Homeopathy and epidemic disease

Statistics and information provided by:

Julian Winston, Sandra J. Perko, "The Homeopathic Treatment of Influenza" and extracts from W. A. Dewey M.D. University of Michigan, as reported in, "The Journal of The American Institute of Homeopathy," 1921 and the Dec 1918 edition of, "The British Journal of Homeopathy"

Compiled by Sally Tamplin DSH PCH MARH

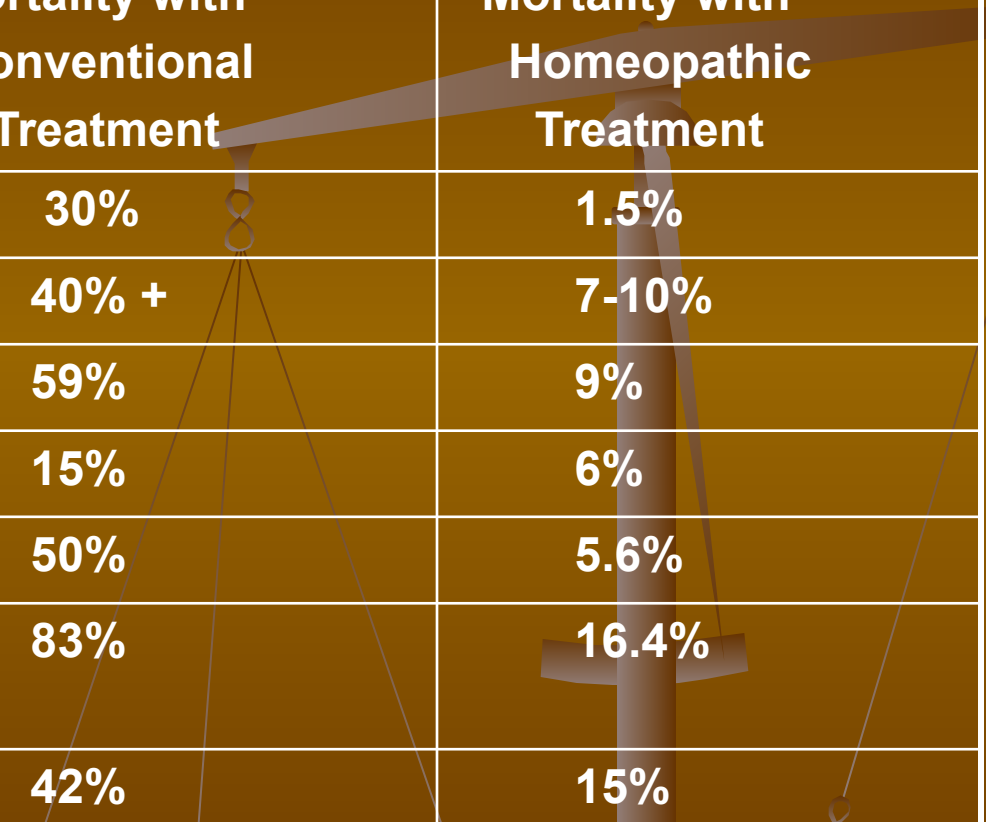


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Homeopathic remedies have always performed well in times of epidemic disease, including Ebola



Previous Success Rate of Homeopathic remedies in epidemics



Epidemic	Mortality with Conventional Treatment	Mortality with Homeopathic Treatment
Typhus: 1813	30%	1.5%
Cholera: 1830	40% +	7-10%
Cholera: 1854	59%	9%
Yellow Fever:1850	15%	6%
Yellow Fever:1878	50%	5.6%
Diphtheria: 1862 – 1864	83%	16.4%
Cholera: 1892	42%	15%

Typhus Fever epidemic of 1813

- When the epidemic came through Leipzig, Samuel Hahnemann, the founder of Homeopathy, was able to treat 180 cases of Typhus, losing only 2
- The mortality rate for conventional medicine was 30%



Credit- Sally Tamplin



Self portrait with Dr. Arrieta

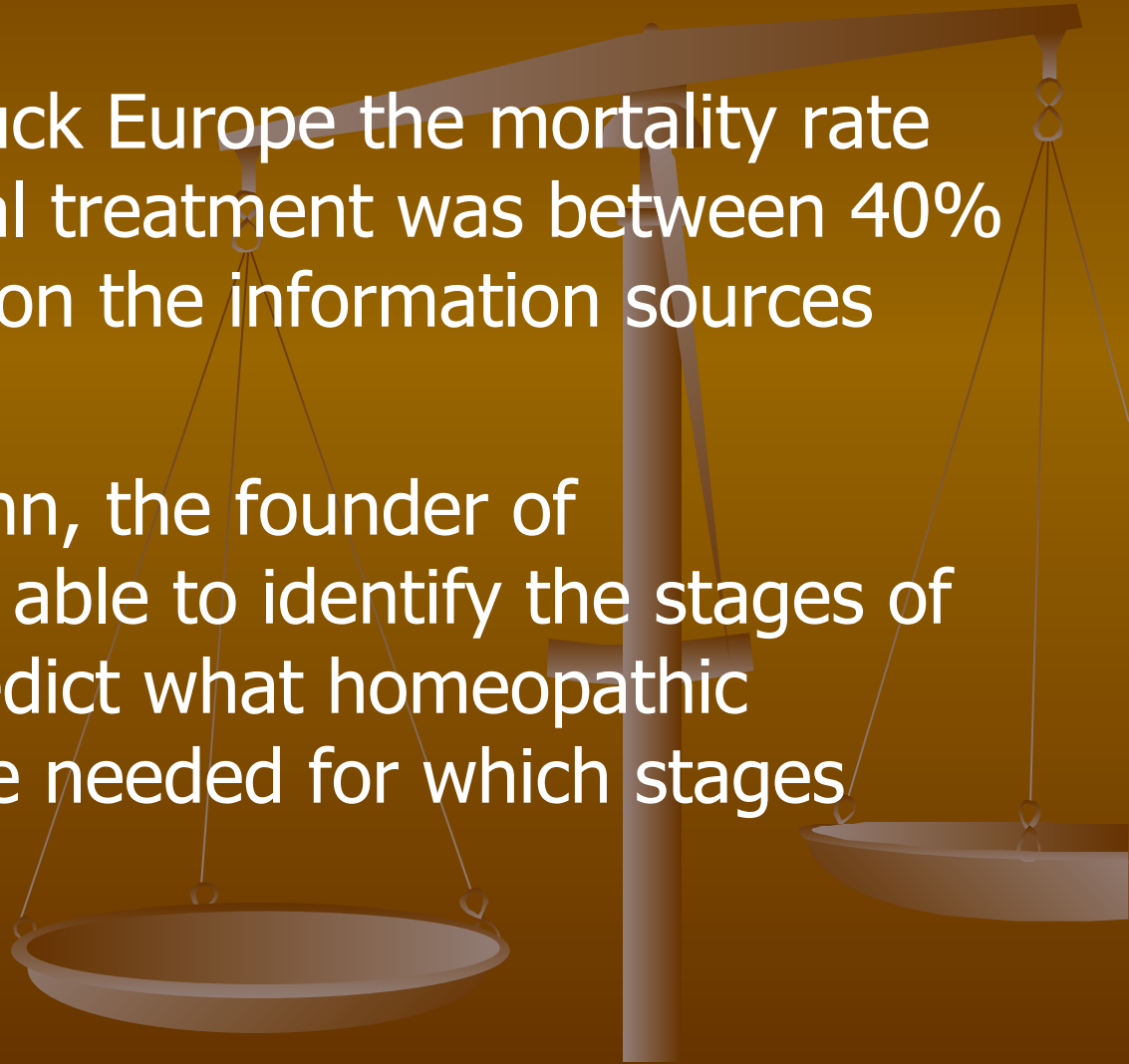
Goya - 1820

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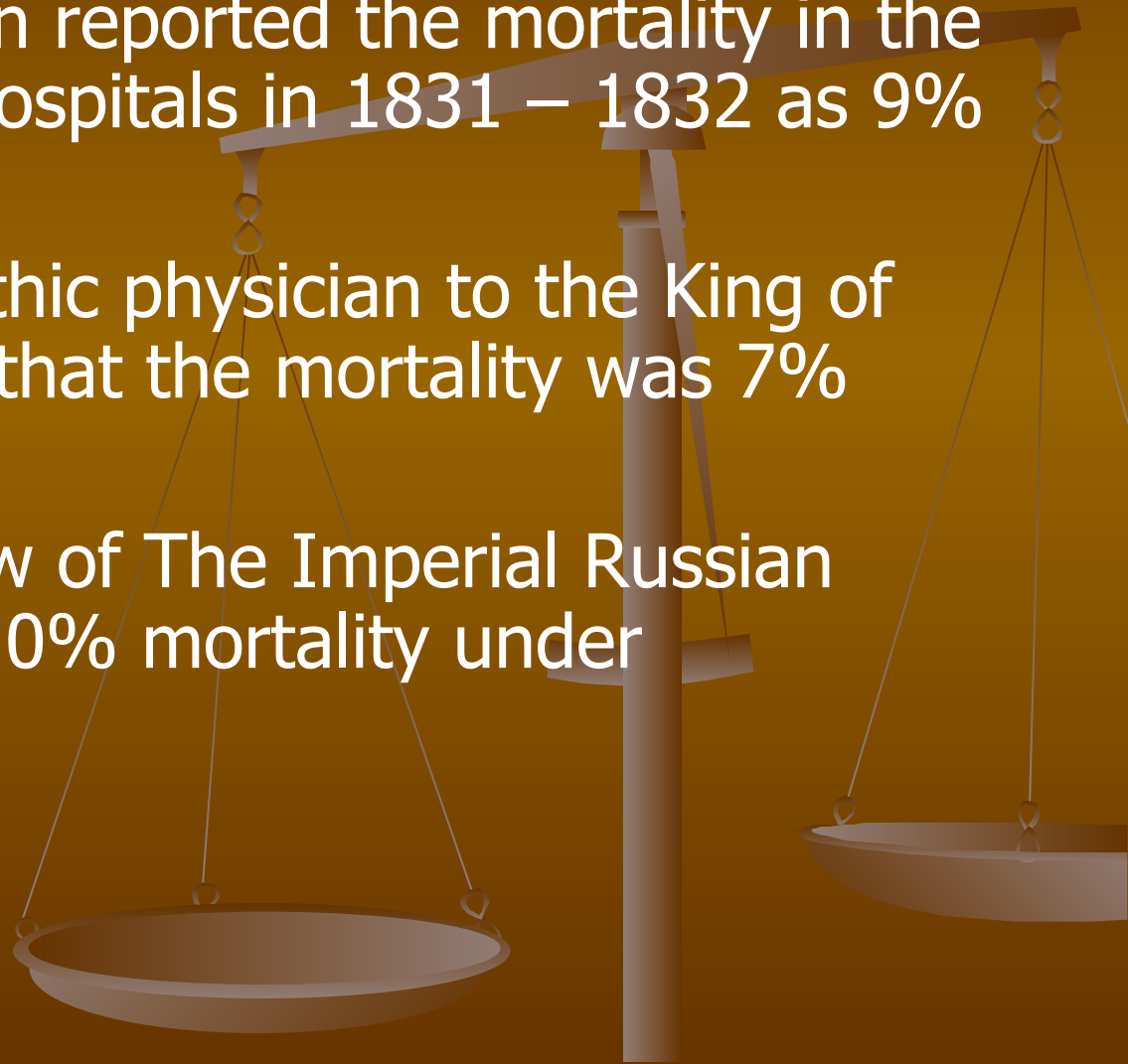
The 1830 - 1832 Cholera Epidemic

- When Cholera struck Europe the mortality rate under conventional treatment was between 40% - 80% depending on the information sources
- Samuel Hahnemann, the founder of Homeopathy, was able to identify the stages of the illness and predict what homeopathic remedies would be needed for which stages



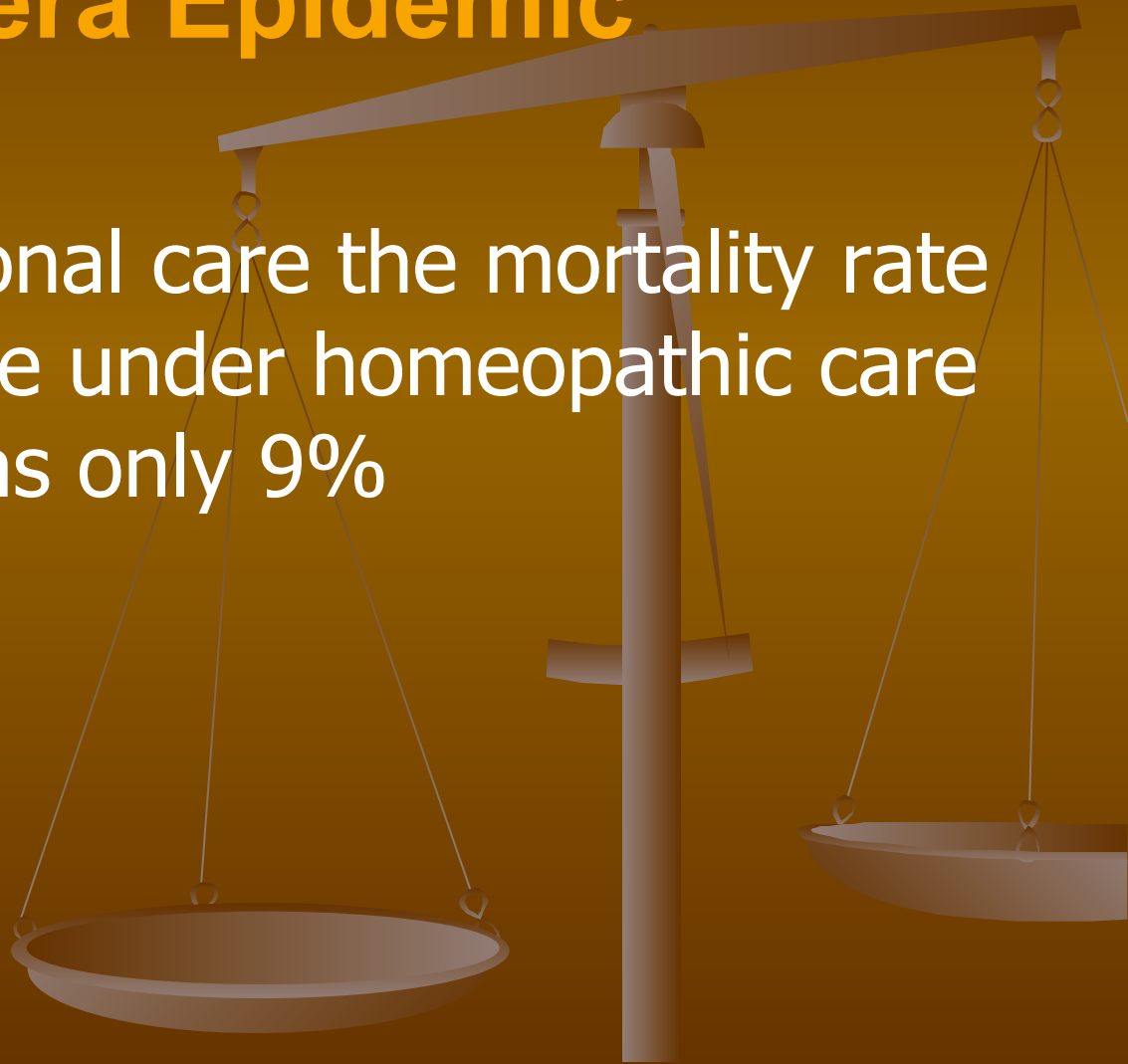
Cholera

- Dr. Quin of London reported the mortality in the 10 homeopathic hospitals in 1831 – 1832 as 9%
- Dr. Roth, homeopathic physician to the King of Bavaria, reported that the mortality was 7%
- Admiral Mordoinow of The Imperial Russian Council reported 10% mortality under homeopathy



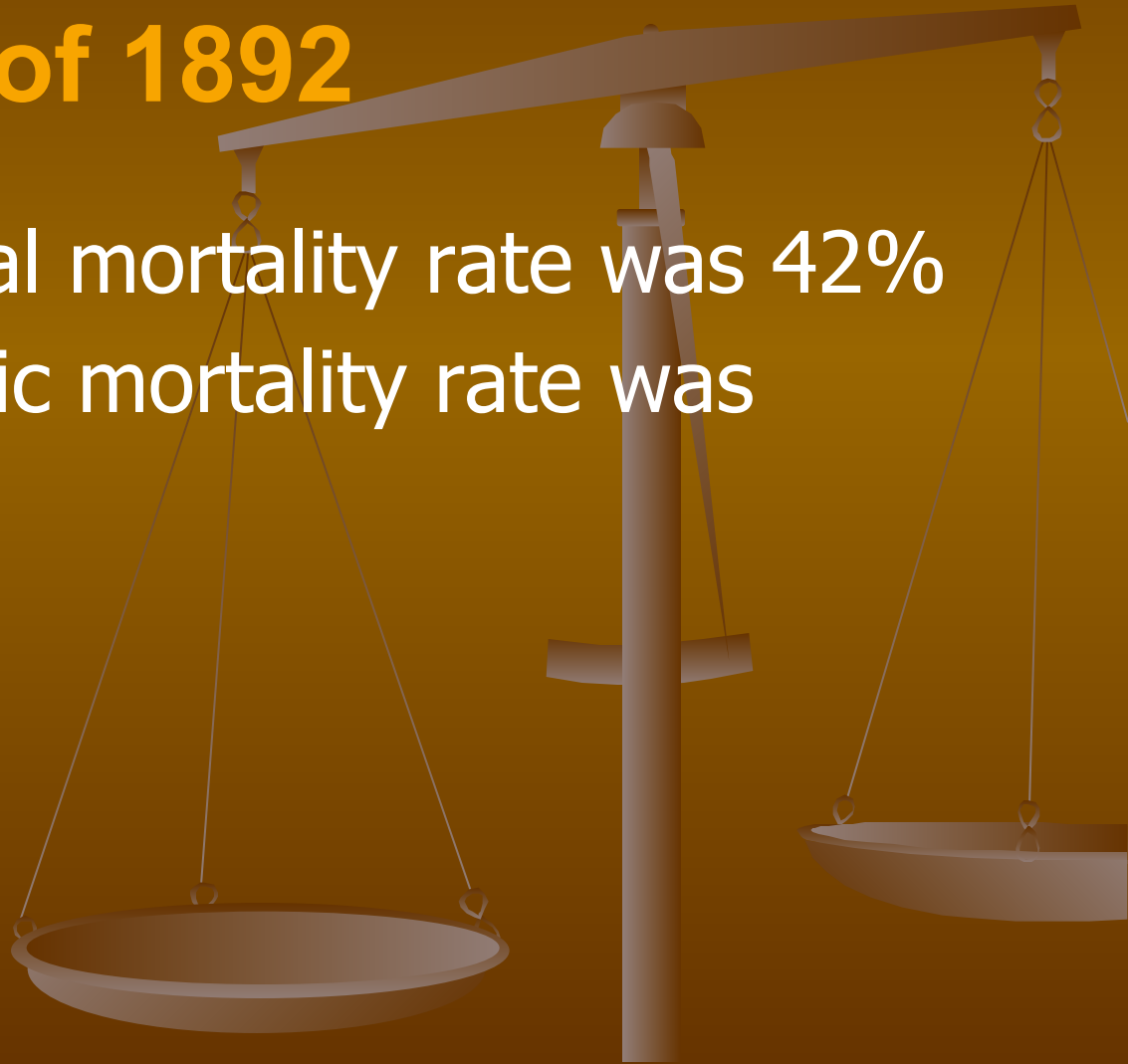
The 1854 London Cholera Epidemic

- Under conventional care the mortality rate was 59.2% while under homeopathic care the mortality was only 9%



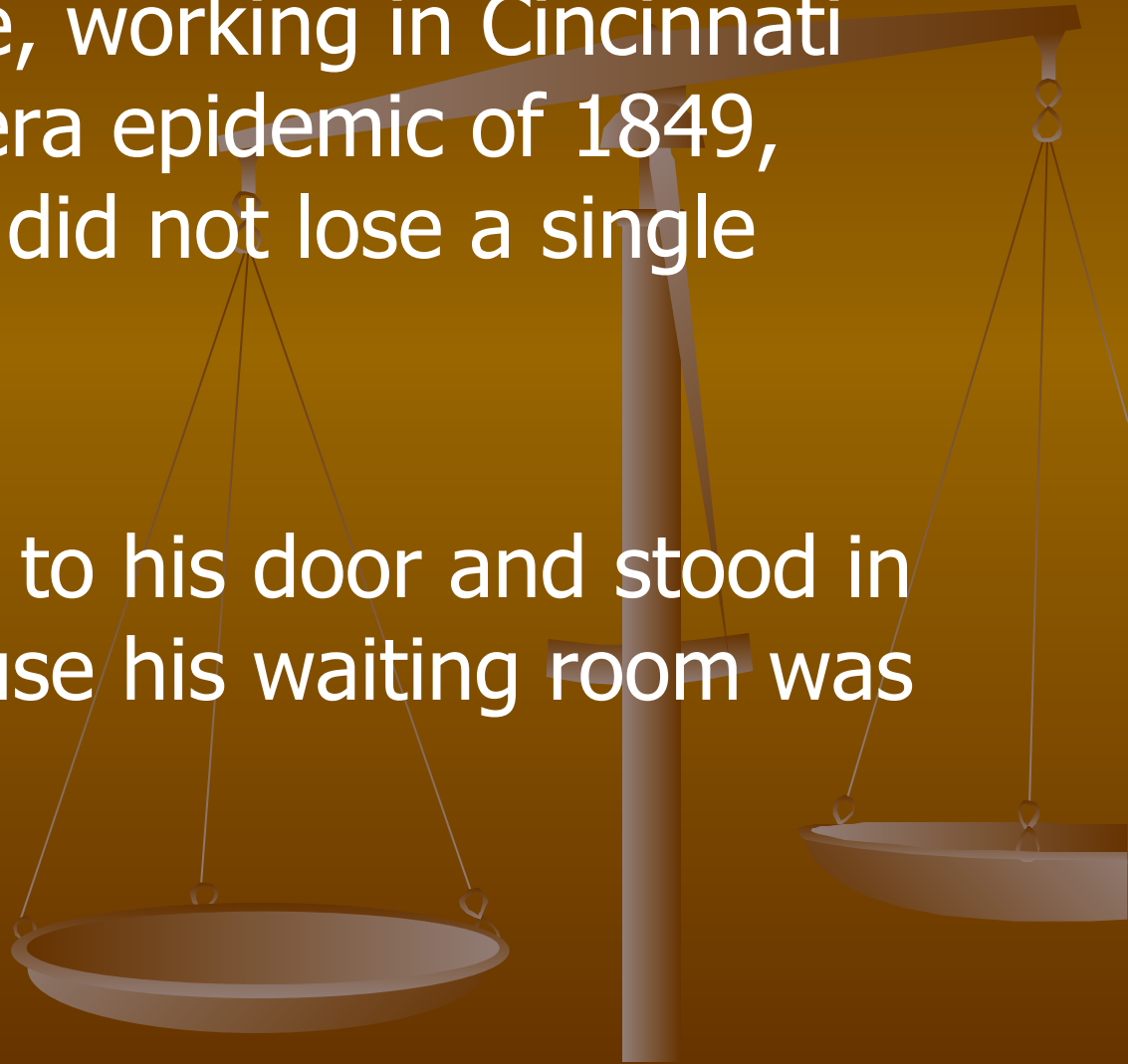
The Hamburg Cholera epidemic of 1892

- The conventional mortality rate was 42%
- The homeopathic mortality rate was 15.5%



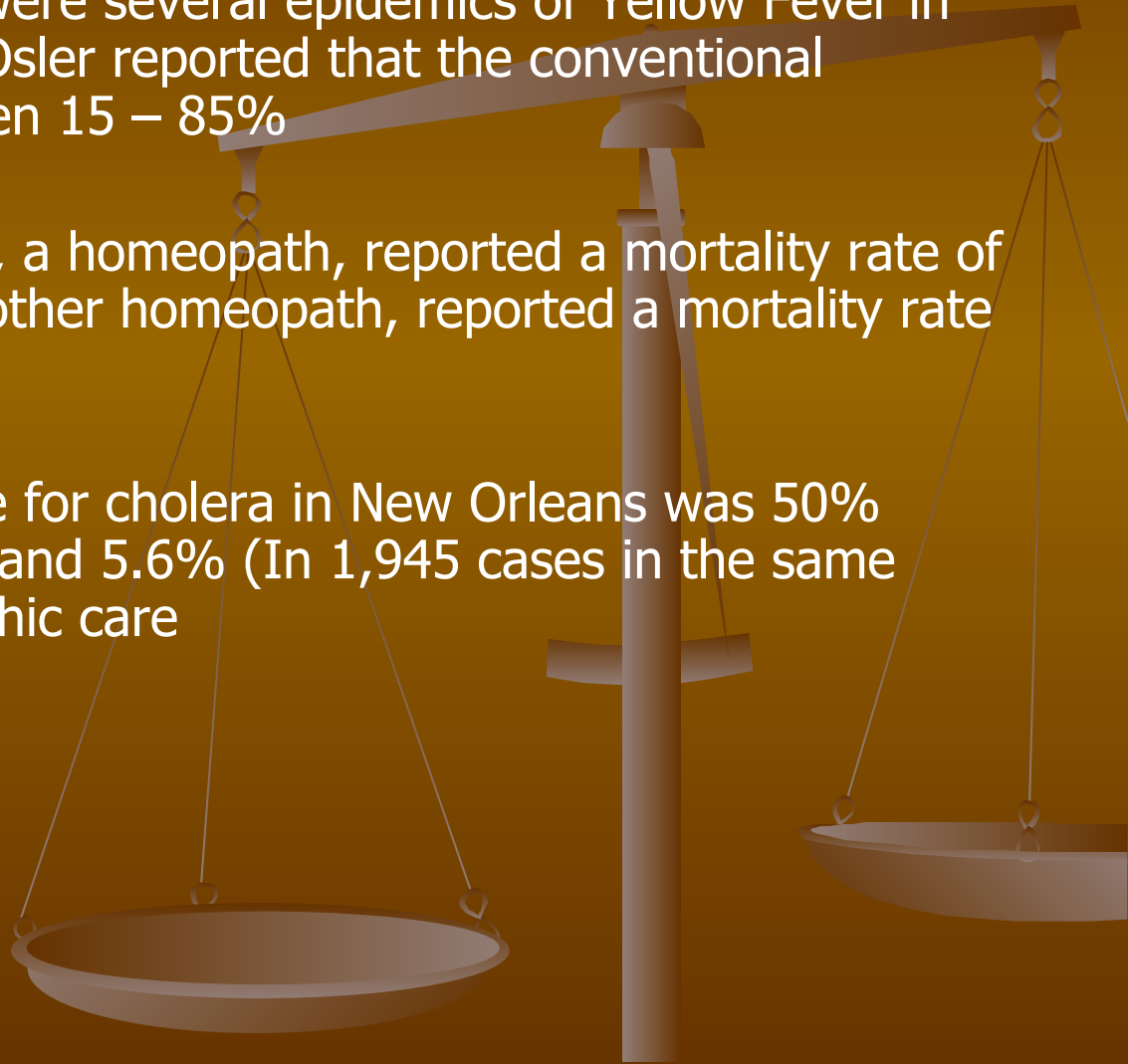
Cholera in America

- Dr. Joseph Pulte, working in Cincinnati during the cholera epidemic of 1849, claimed that he did not lose a single patient
- People crowded to his door and stood in the street because his waiting room was full



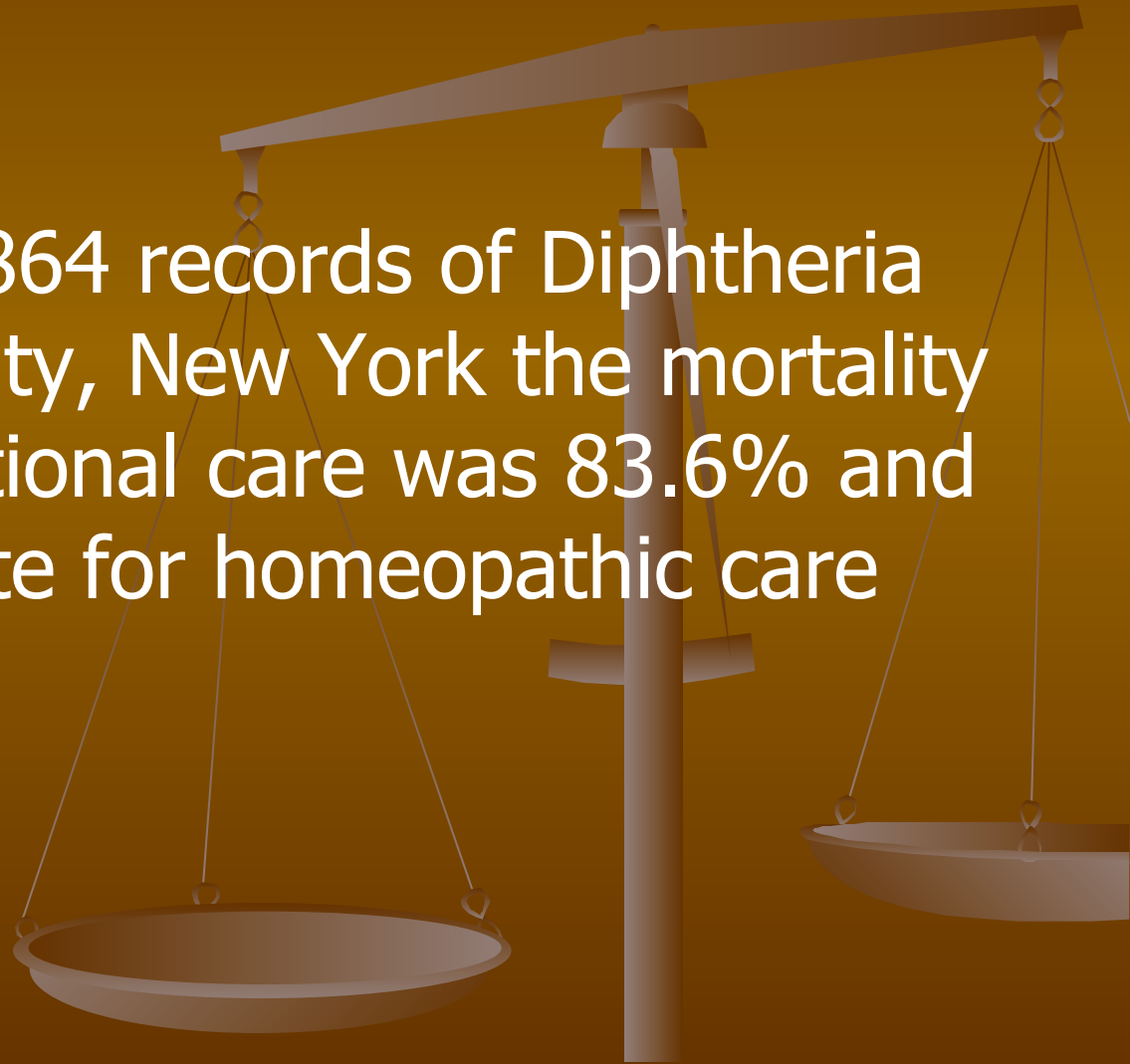
Yellow Fever in America

- During the 1850's there were several epidemics of Yellow Fever in the southern states. Dr. Osler reported that the conventional mortality rate was between 15 – 85%
- In Natchez Dr. Holcombe, a homeopath, reported a mortality rate of 6.43% and Dr. Davis, another homeopath, reported a mortality rate of 5.73%
- In 1878 the mortality rate for cholera in New Orleans was 50% under conventional care, and 5.6% (In 1,945 cases in the same epidemic) with homeopathic care



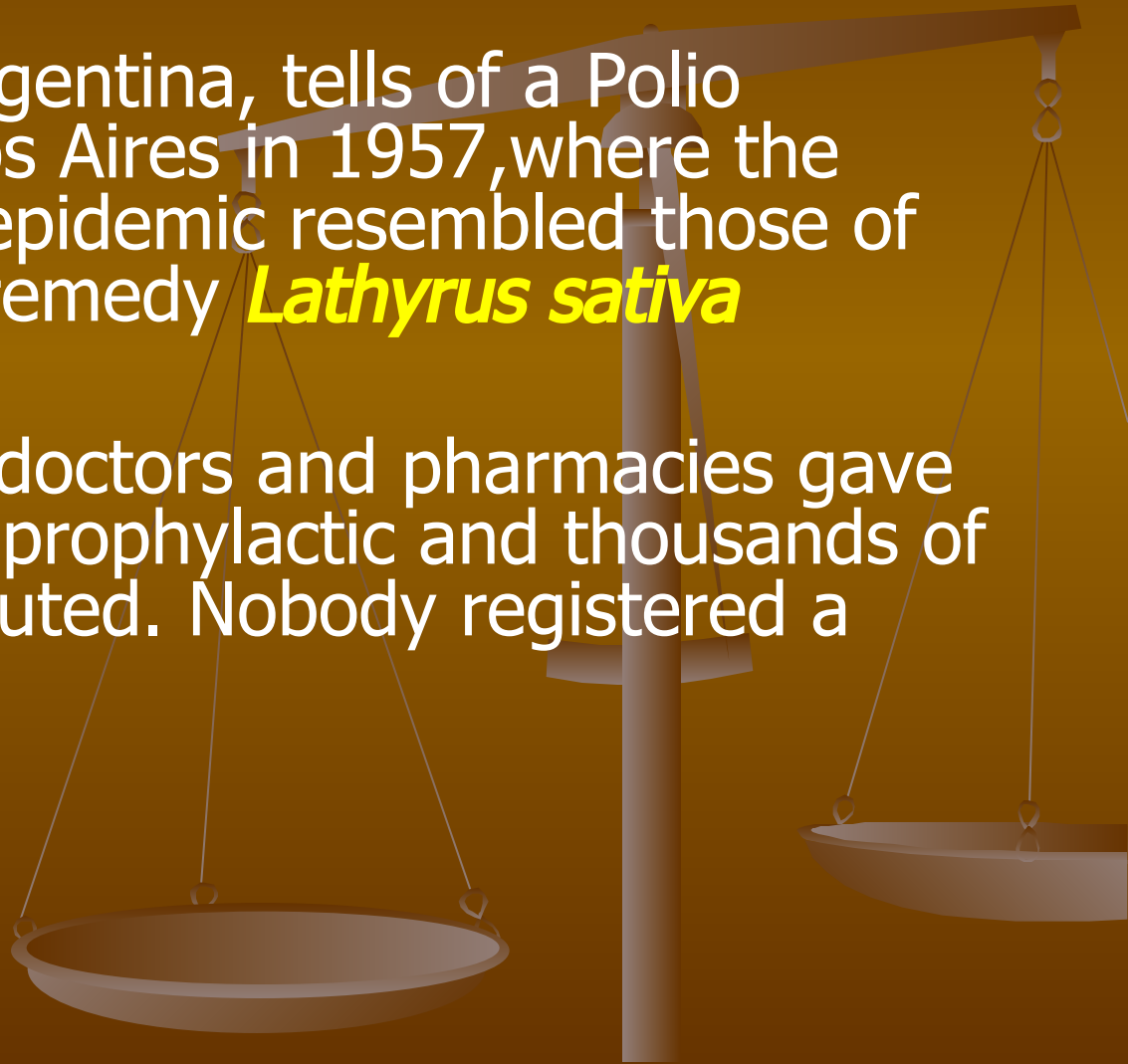
Diphtheria

- In the 1862 - 1864 records of Diphtheria in Broome County, New York the mortality rate for conventional care was 83.6% and the mortality rate for homeopathic care was 16.4%



Polio

- Dr. Eizayaga of Argentina, tells of a Polio epidemic in Buenos Aires in 1957, where the symptoms of the epidemic resembled those of the homeopathic remedy ***Lathyrus sativa***
- The homeopathic doctors and pharmacies gave ***Lathyrus 30c*** as a prophylactic and thousands of doses were distributed. Nobody registered a case of contagion



Homeopathic Lathyrus Sativa

- This plant , if eaten in its raw form, affects the anterior and lateral columns of the spinal cord, causing many paralytic affections of the lower extremities. It causes excessive rigidity of the legs, spastic gait
- Thus, using it in homeopathic form, it can be helpful in the recovery of nerve power in those with wasting and exhaustive diseases
- Lathyrus Sativa in homeopathic form proved to be extremely helpful in the polio epidemic in Argentina



The 1918 – 1919 Influenza Pandemic

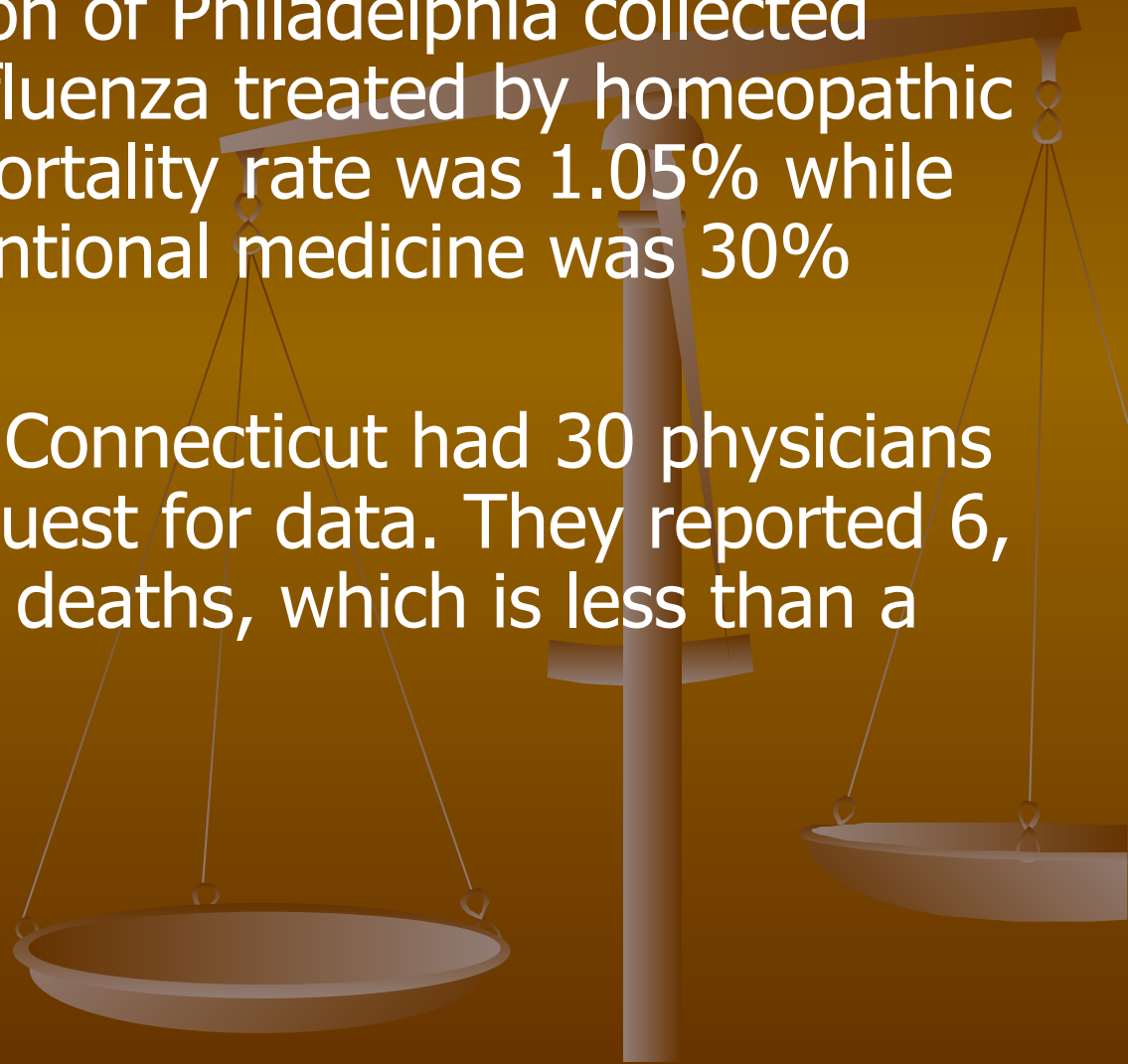
- “Homeopathic doctors rose to the challenge of the most appalling Influenza pandemic in history, and they did so without the **fear and uncertainty** that paralyzed their allopathic colleagues.”
- Dr. Frank Wieland of Chicago wrote: “In a plant of 8,000 workers there was only one death. **Gelsemium** was practically the only homeopathic remedy used, there was no use of either aspirin or vaccination.”



Credit- Soldiers Fort Riley, Kansas, Camp Funston
Otis Historical Archives, National Museum of Health and Medicine

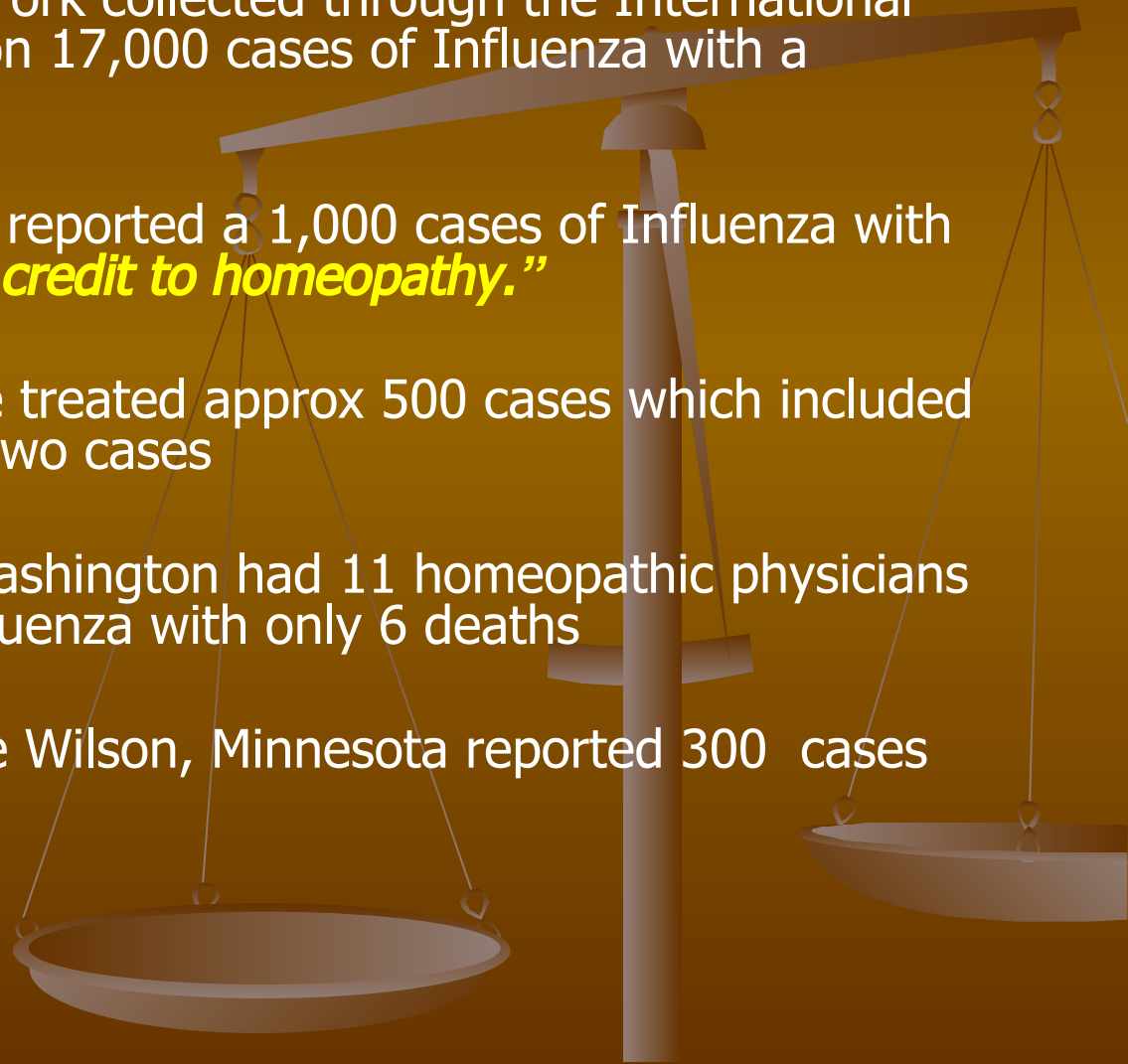
The 1918 – 1919 Influenza Pandemic

- Dean W. A. Pearson of Philadelphia collected 26,795 case of Influenza treated by homeopathic physicians. The mortality rate was 1.05% while the rate for conventional medicine was 30%
- Dr.H.A.Roberts of Connecticut had 30 physicians respond to his request for data. They reported 6,602 cases with 55 deaths, which is less than a 1% mortality rate

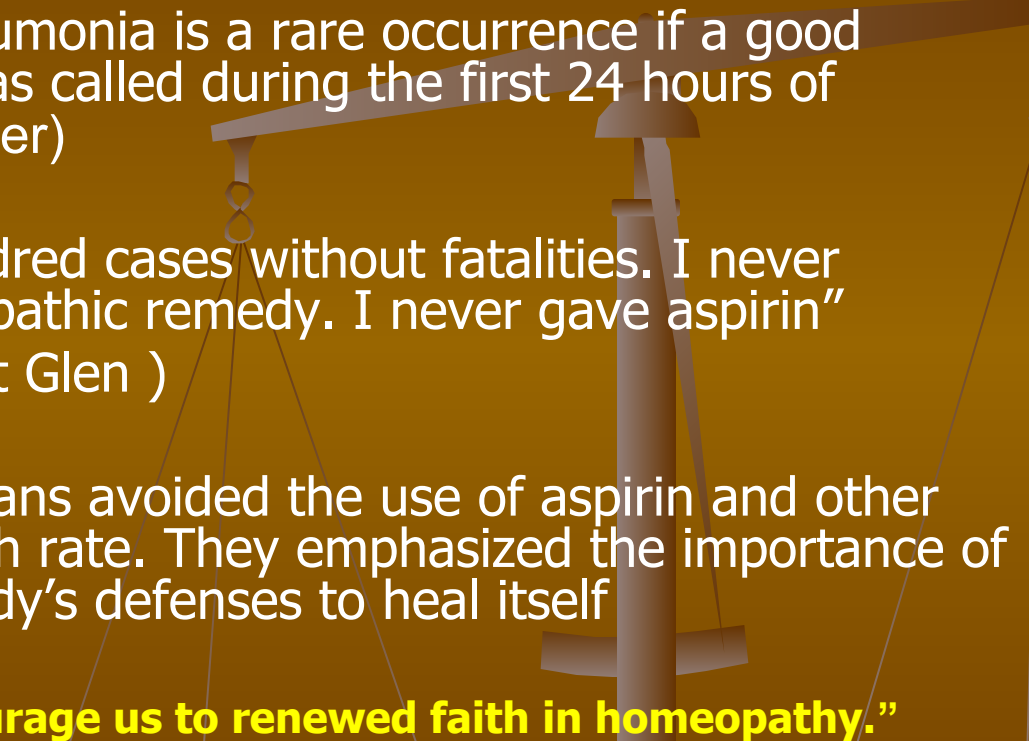


The 1918 – 1919 Influenza Pandemic

- Dr. G.B. Stearns of New York collected through the International Hahnemannian Association 17,000 cases of Influenza with a mortality rate of 4%
- Dr. T.A. Mc Cann of Ohio reported a 1,000 cases of Influenza with no loses. ***“Please give all credit to homeopathy.”***
- Dr. A.B. Palmer of Seattle treated approx 500 cases which included pneumonia, he only lost two cases
- Dr. F. A. Swartwout of Washington had 11 homeopathic physicians report 3,600 cases of Influenza with only 6 deaths
- Dr. G. G.Bascomb of Lake Wilson, Minnesota reported 300 cases with no deaths

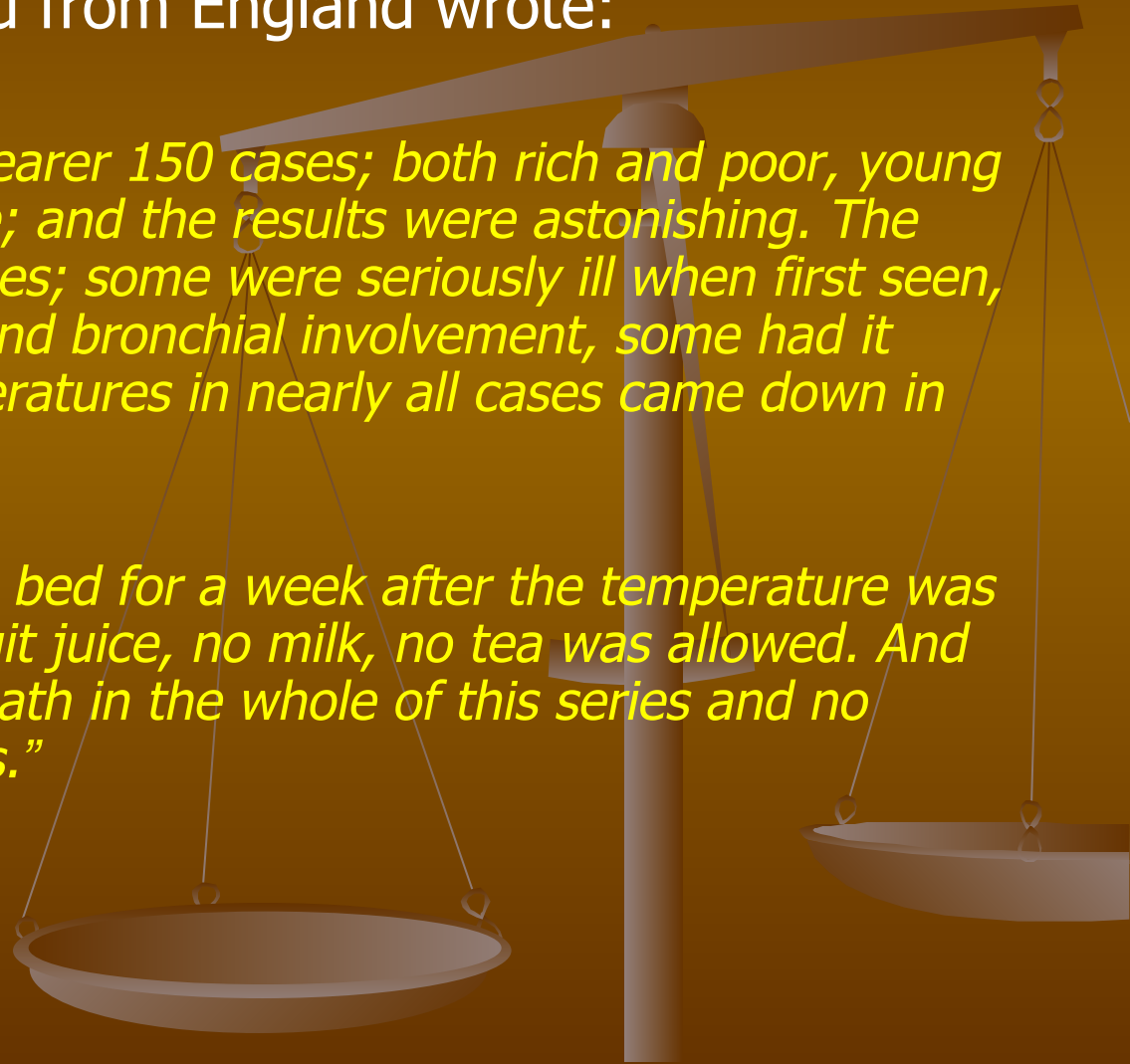


The 1918 – 1919 Influenza Pandemic

- “The development of pneumonia is a rare occurrence if a good homeopathic physician was called during the first 24 hours of attack.” (Dr. Arthur Grimmer)
 - “I attended over one hundred cases without fatalities. I never deviated from the homeopathic remedy. I never gave aspirin” (Dr. G. A. Wright of Forest Glen)
 - The homeopathic physicians avoided the use of aspirin and other drugs and had a low death rate. They emphasized the importance of fever in mobilizing the body’s defenses to heal itself
- “ This epidemic should encourage us to renewed faith in homeopathy.”**
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The 1918 – 1919 Influenza Pandemic

- Dr. Dorothy Shepherd from England wrote:
- *“One treated over 100, nearer 150 cases; both rich and poor, young and old, male and female; and the results were astonishing. The cases were not picked ones; some were seriously ill when first seen, with high temperatures and bronchial involvement, some had it mildly, and yet the temperatures in nearly all cases came down in 24 to 48 hours.*
- *They were kept strictly in bed for a week after the temperature was normal, kept on dilute fruit juice, no milk, no tea was allowed. And there was not a single death in the whole of this series and no subsequent complications.”*



Cuba's experience with Homeoprophylaxis

- 2004 - HP was first used in Cuba in a small intervention against Hep A
- Dr. Campa of the Finlay Institute was aware of the use of HP and decided to make a small test
- 2006 - Dengue Fever. There was a small HP intervention using genus epidemicus remedies these were tested from 2006 in families of infected patients

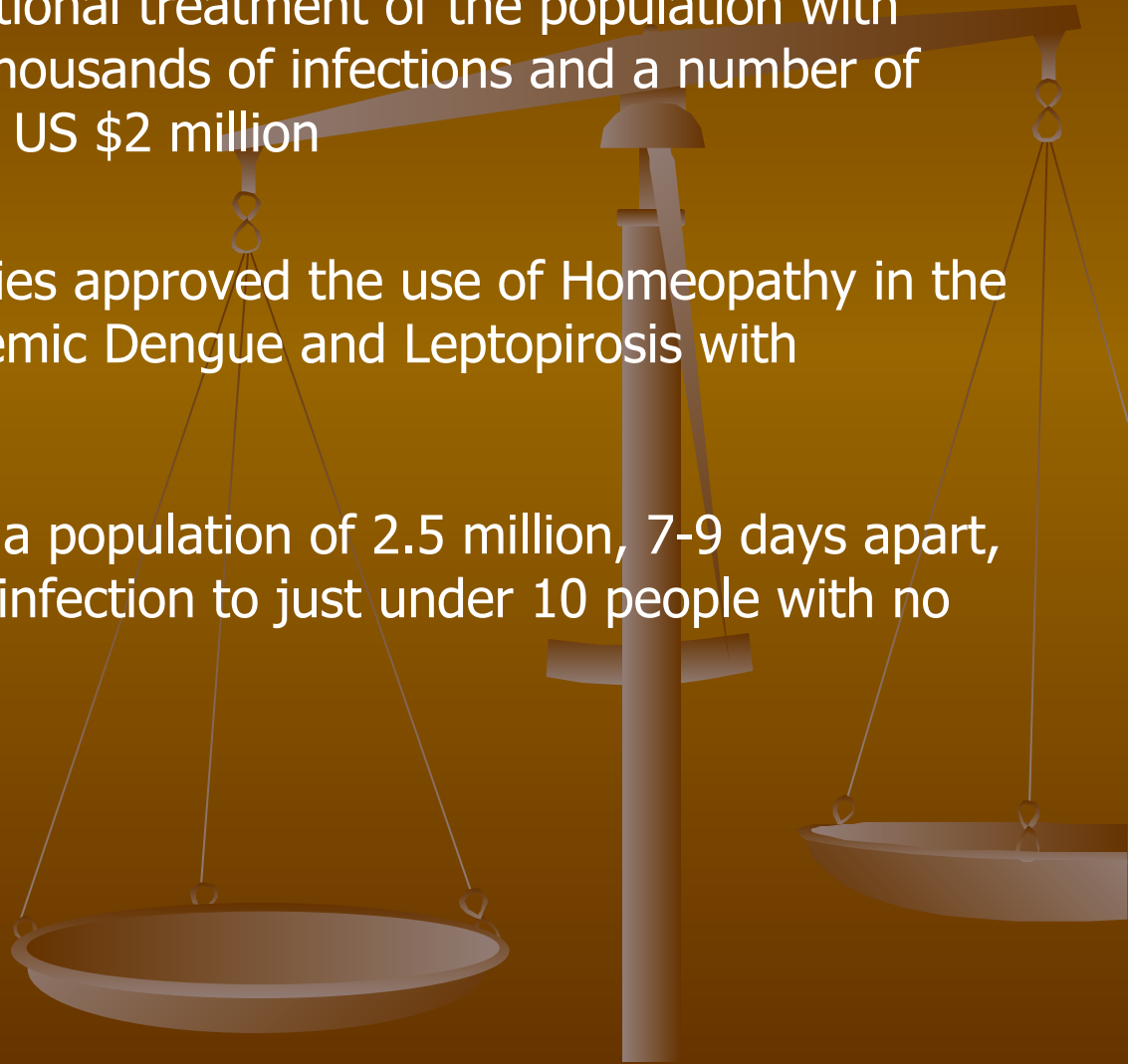


Credit- Images Wikimedia

Cuba: Dengue Fever and Leptospirosis

- Previous to 2007, conventional treatment of the population with vaccines still resulted in thousands of infections and a number of fatalities, and at a cost of US \$2 million
- In 2007, medical authorities approved the use of Homeopathy in the management of the epidemic Dengue and Leptospirosis with successful results

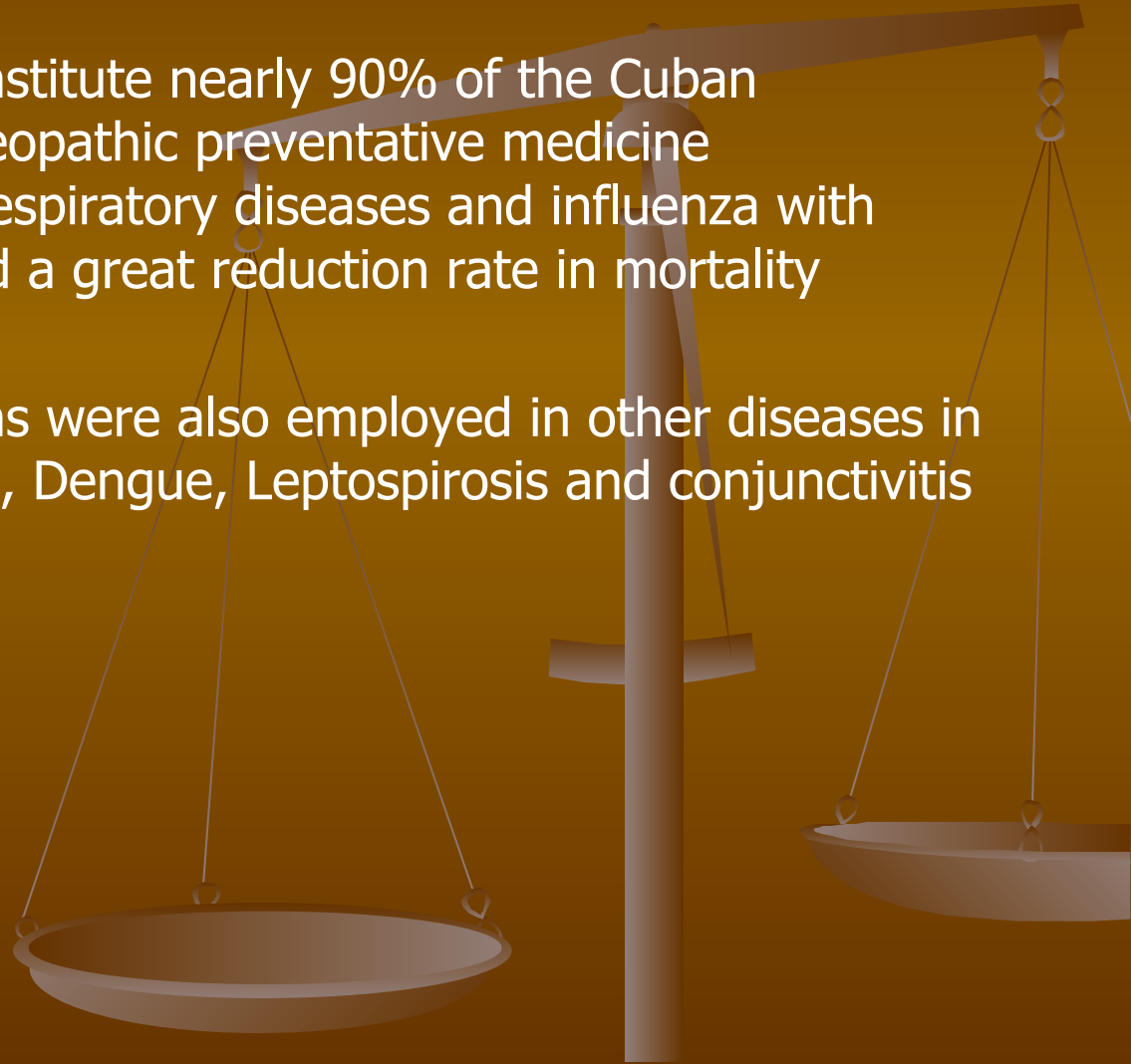
Two doses were given to a population of 2.5 million, 7-9 days apart, bringing the incidence of infection to just under 10 people with no fatalities



Cuba

Homeoprophylaxis 2009 - 2010

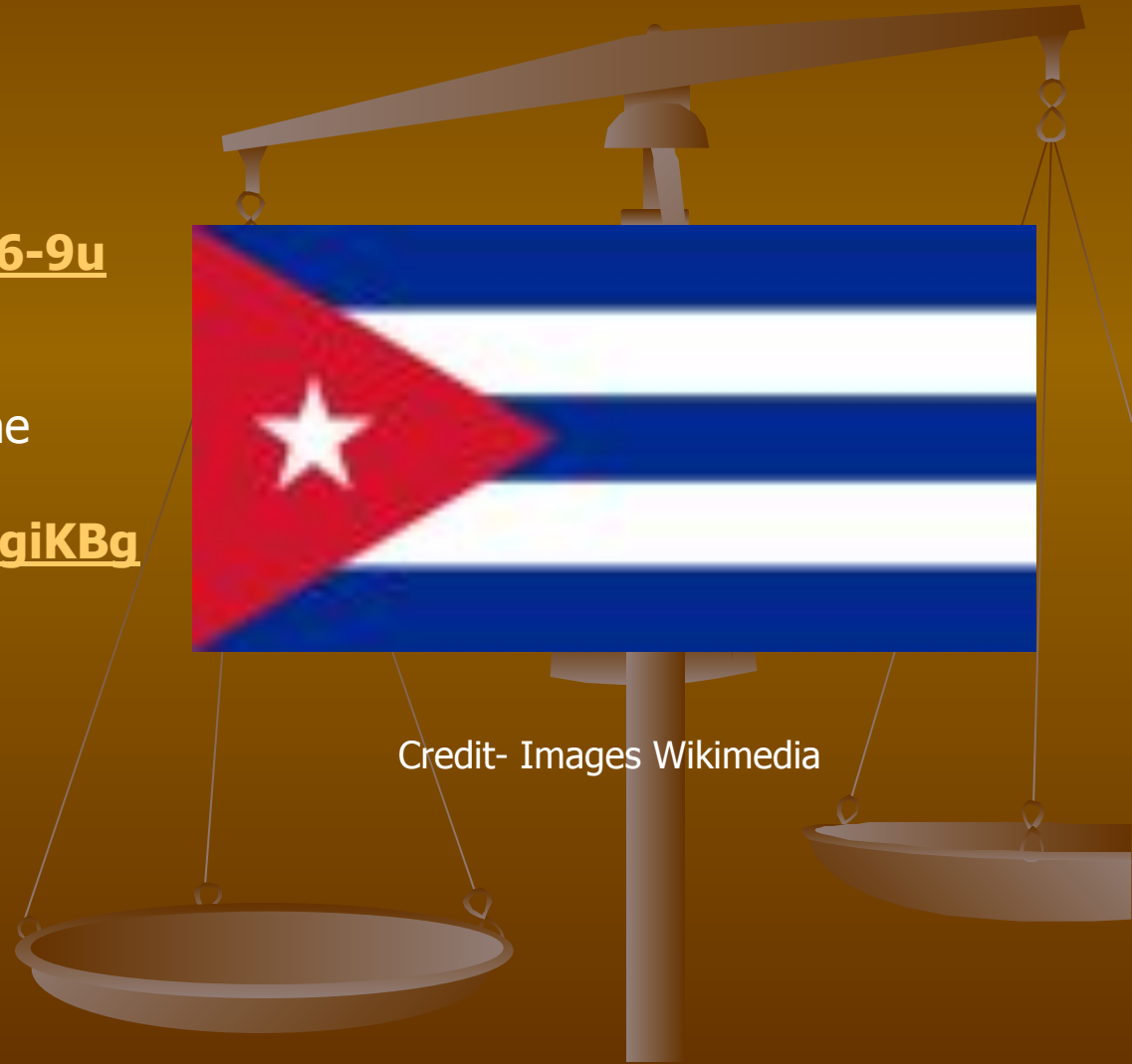
- According to the Finlay Institute nearly 90% of the Cuban population received homeopathic preventative medicine (homeoprophylaxis) for respiratory diseases and influenza with remarkable outcomes and a great reduction rate in mortality
- Homeopathic interventions were also employed in other diseases in Cuba such as Hepatitis A , Dengue, Leptospirosis and conjunctivitis with successful results



Cuba: Dengue Fever and Leptospirosis

- Here is a video about homeoprophylaxis in Cuba <https://youtu.be/56-9uMRw29E>

More on homeopathy and the epidemics in Cuba:
<https://youtu.be/OjcRiegiKBg>



Credit- Images Wikimedia

Cuba's experience with Homeoprophylaxis

- 2010 - Swine flu 9.8 million were given HP against Swine flu
- 2010 – Pneumococcal disease
- 2013 and 2014 - Cholera



Credit- Images Wikimedia

Japanese encephalitis

- Dr Srinivasulu Gadugu, assistant professor at The Government College, Kadapa, India has been working with Japanese encephalitis virus (JEV) in the state of **Andhra Pradesh, India's eighth largest state**
- Vaccination has been available since 1941 but the small production capacity and its relatively high cost results in limited distribution and doubtful efficacy
- In earlier years some homeopathy was used primarily the remedy **Belladonna** but in 1999, the Government of Andhra Pradesh sought the help of the homeopathic community to help combat this disease as it was acknowledged that a better, more holistic, way of prescribing was required to prevent annual recurrences
- Since this HP protocol began in Andhra Pradesh in 1999, the mortality and morbidity rates of JEV have fallen drastically. 343 cases were reported in 2000 with 72 deaths; in 2001 only 30 cases with four deaths; in 2002 only 18 cases but no deaths, and in 2003 and 2004 no cases were recorded.
- **The Government has acknowledged the efficacy of homeopathy**



Credit- Images Wikimedia

Ravi Roy and Carola Lage Roy

German couple with a long experience using HP

- In 1983 they were asked to write a guide for travelers, they described how people started to use **China** for malaria prophylaxis. One dose of 200 c potency, after six months 1 M was given, then followed up in one year with a 10 M dose. They did this for about 10 years for people working and living in Africa and found that they were all free of malaria
- Then after twenty-two years they decided they should do some kind of a study. They found a naturopath in Germany who travelled each year to Uganda, she was giving the nosode **Malaria officianalis** to 6,000 children every year. The school spoke of a miracle they nearly got rid of malaria, before this 55% were infected but after this protocol only 5% were infected

Ravi and Carola built a school for freedom in Africa as a non profit organization and all the children get the nosodes to protect them from infectious disease. They also talked about a rabies project they began in 2002; they began to give **Lyssin** in the 1M potency to dogs that were rounded up. All those dogs that were given the nosode were protected from rabies after being bitten by an infected dog

In 1986, in the wake of the Chernobyl disaster, they used the remedies **Radium Bromide** and **Cesium** for those affected and they have continued to use these remedies as a prophylaxis against radiation damage for those living in an area near a nuclear reactor, they have discovered that when these two remedies are taken the population do not get diseases produced by radiation exposure.

HOMEOPATHY TODAY

Homeopathy Research Institute



Homeopathy Research Institute

- **200 million people world wide use homeopathy on a regular basis**
- 6 million people in the USA use homeopathy
- It is included in the **national health systems** of a number of countries such as Brazil, Chile, Cuba, India, Mexico, Pakistan, South Africa and Switzerland
- In India 100 million people depend solely on homeopathy for their medical care. There are over 224,000 registered homeopathic doctors and **India has 207 Government hospitals providing treatment**
- It is popular in Europe, it is practiced in 40 out of 42 European countries
- The British royal family have used it for generations



Homeopathy and the COVID – 19 Epidemic

- Homeopaths around the globe are successfully treating many people ill with coronavirus
- Already a number of remedies are showing themselves to be particularly helpful
- As these genus epidemicus remedies become clear, and as we have further information, it will be reported on our web site
- **www.flusolution.net**



Homeopathy and Epidemics

- In this epidemic, as in other epidemics, homeopathy can be used both to help those already ill, as well as to prevent incidence in those exposed to it
- Of course homeopaths encourage those who are sick to also consult with their conventional physicians and to follow all advice currently being being broadcast by the WHO and CDC



Credit- Soldiers Fort Riley, Kansas, Camp Funston
Otis Historical Archives, National Museum of Health and Medicine

Why use homeopathy for an acute health care crisis?

- Homeopaths do not waste valuable time trying to make a diagnosis. They do not need to name the disease in order to help patients
- The patient's symptoms are carefully noted and a remedy is prescribed according to that individual's manifestation of the disease
- In an epidemic a handful of homeopathic remedies tend to emerge in the area of geographical infection. These remedies become known as the genus epidemicus. These remedies can be used as a prophylaxis to protect people who have been exposed to the infection
- Homeopathic remedies are gentle, safe, inexpensive and readily available
There is no known interaction with conventional medication

Homeopathy helps to dispel FEAR

Homeopathic Medicines

Law of the Minimum Dose

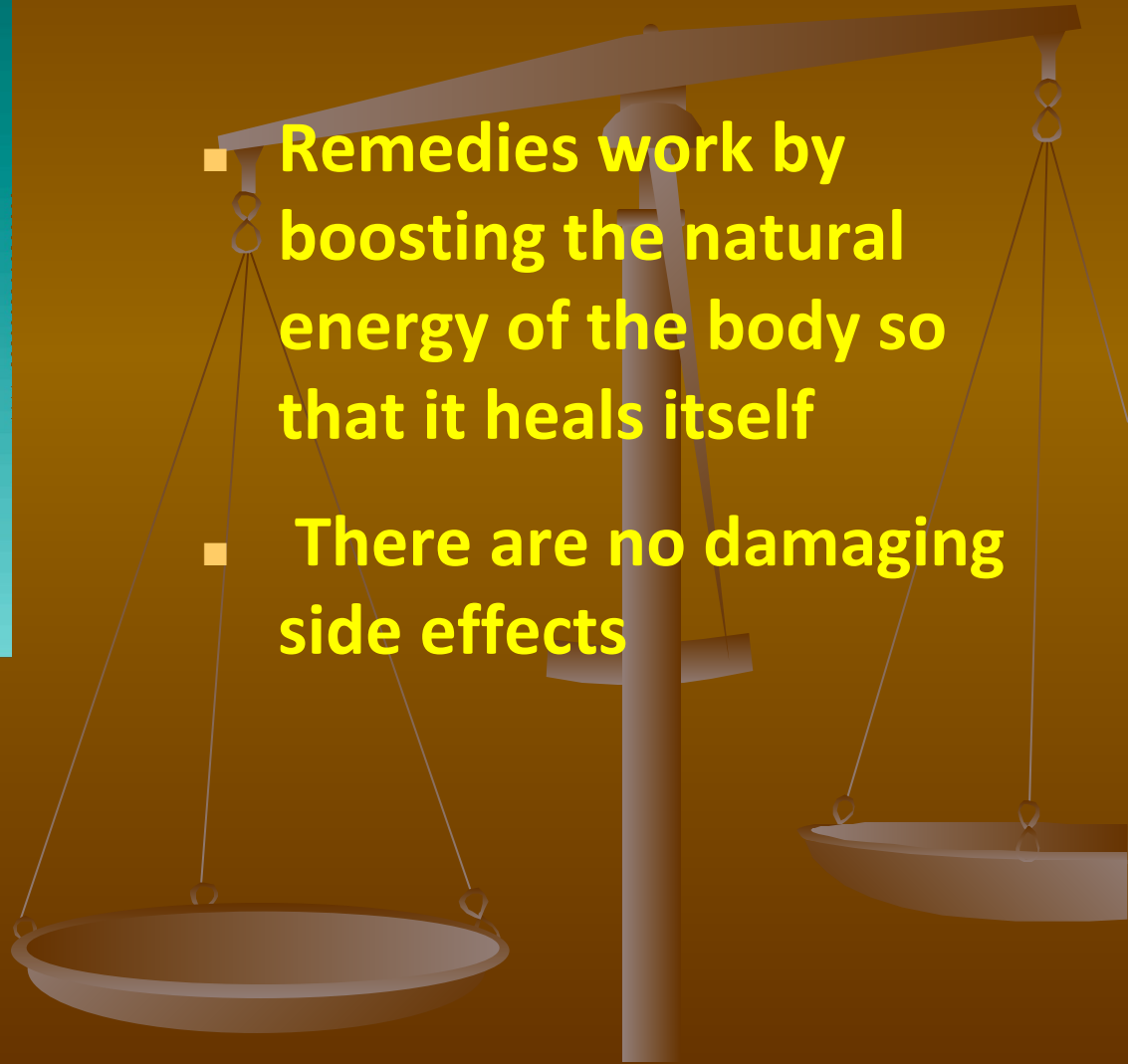
- Homeopathic medicines are prepared from natural sources and are used in extremely small amounts
- They are recognized by the US Food and Drug Administration



Like Cures Like



- Remedies work by boosting the natural energy of the body so that it heals itself
- There are no damaging side effects



Like Cures Like

If a substance can cause symptoms of disease in a healthy person then it can cure a sick person suffering from similar symptoms



Credit- Image by Emilian Robert Vicol from Pixabay



Homeopathy focuses upon the individual, symptoms are the signpost to a helpful remedy



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- Our kit contains 50 vials of the remedies most likely to be needed in influenza and Covid – 19 we continue to work to refine it
- 10 most common remedies are in 30C, 200C and 1M potencies, and the rest are in 30C potency only. They are packed in 1/2 dram vials in a very sturdy 50-vial capacity ammunition box. More remedies may be added to the box later
- Top 10 remedies (30C, 200C, 1M): Acon, Gels, Eup-per, Nux-v, Ars, Bapt, Bry, Pyrog, Bell, Rhus-t.
- 30C remedies: Am - c ,Ant - t, Arn, Asc-t , Camph, Carb-v, Chin, Ferr - p, Ipec, Kali - b, Kali- c, Lyc, Lach, Merc, Phos, Squil, Stan, Sulph, Verat - v
- 1M Remedy- Adamas

HAHNEMANN MEMORIAL Scott Circle WASHINGTON DC



Credit- Sally Tamplin

**Dedicated by President McKinley, June 1900
to Samuel Hahnemann and The Homeopathic Medical
School**



Helpful Remedies NOTED to Date in Coronavirus

First Stage:

- Bryonia, Gelsemium, Ferrum Phos, Belladonna, Eup - Perf, Nux - Vomica, Aconite, Arsenicum Album

Second Stage:

- Ant – Tart, Ars, Camphora

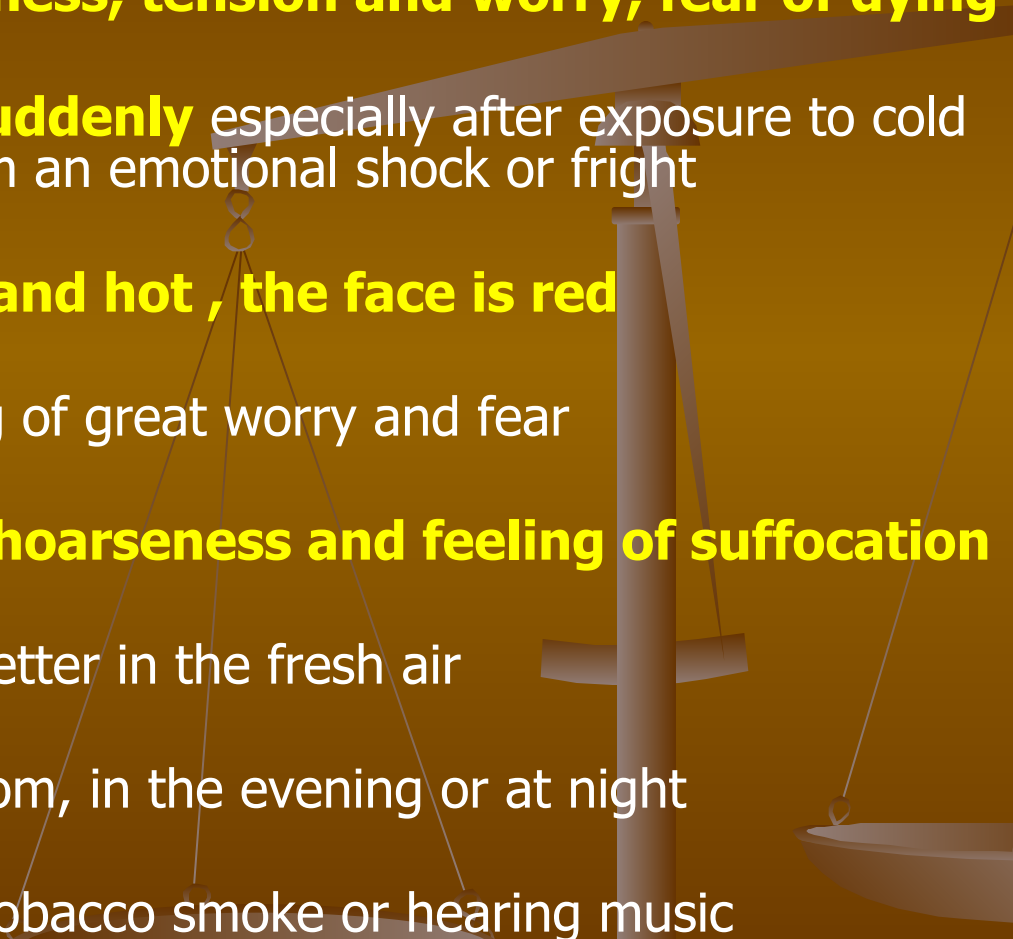


ACONITE



Credit- Image by Annette Meyer from [Pixabay](#)

ACONITE

- **Flu with great restlessness, tension and worry, fear of dying**
 - Flu symptoms come on **suddenly** especially after exposure to cold dry wind, infection or from an emotional shock or fright
 - **High fever, skin is dry and hot, the face is red**
 - Sore throat with a feeling of great worry and fear
 - **Frequent, DRY cough, hoarseness and feeling of suffocation**
 - Extremely restless feels better in the fresh air
 - Feels worse in a warm room, in the evening or at night
 - Worse when exposed to tobacco smoke or hearing music
- 

ACONITE

Essentials:

- Think sudden onset
- Think high fever
- Think great anxiety – talks of dying
- Think extremely restless
- Think dry cough



Credit- Image by Annette Meyer from [Pixabay](#)

BELLADONNA



Credit- Image by Hans Braxmeier from [Pixabay](https://pixabay.com/)

BELLADONNA

- **High fever that comes on suddenly** usually as a result of exposure to infection or from the head getting cold, wet or overheated
- Face is flushed and **bright red** , the throat is sore and the eyes are wide and staring, the **pupils are dilated** , there is possible confusion and delirium
- **Lips and tongue are DRY. Great heat in the head, severe headache worse from coughing**
- Feels better standing or sitting upright and in a warm room. Worse from lying down
- **Worse from any noise or bright light or movement**
- **Symptoms tend to affect the right side of the body**

BELLADONNA

Essentials:

- Think sudden onset
- Think very high fever
- Think red
- Think hot
- Think dilated pupils



Credit- Image by Hans Braxmeier from
[Pixabay](#)



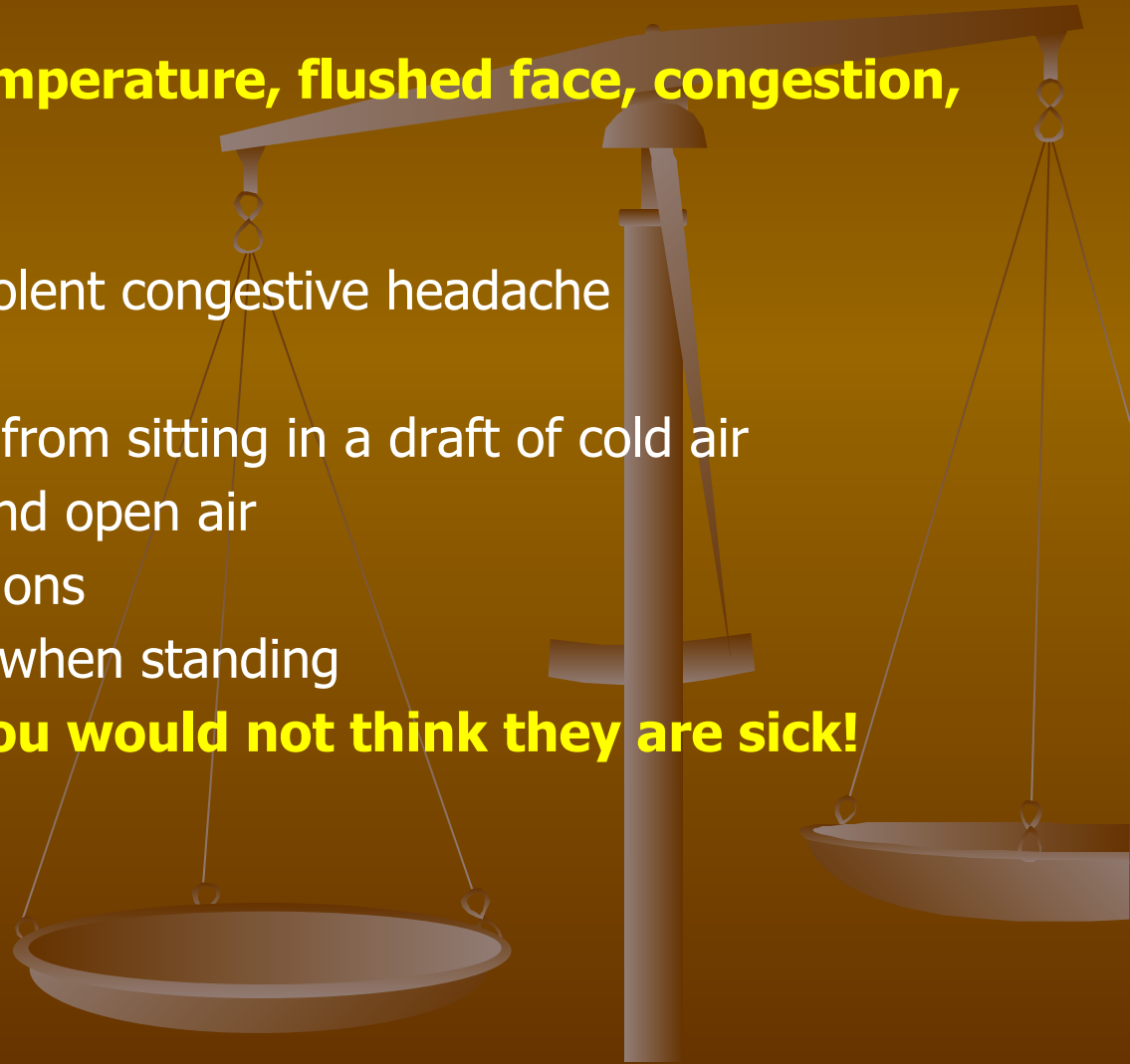
Ferrum Phos

Acute inflammation

Credit- Image by Sally Tamplin

FERRUM PHOS

- **Sudden onset, high temperature, flushed face, congestion, active inflammation**
- **Worse RIGHT side** – violent congestive headache
- Worse night and morning
- Feels the cold and worse from sitting in a draft of cold air
- Cough worse from cold and open air
- Pains better cold applications
- Wants to lie down worse when standing
- **Loquacity and mirth you would not think they are sick!**



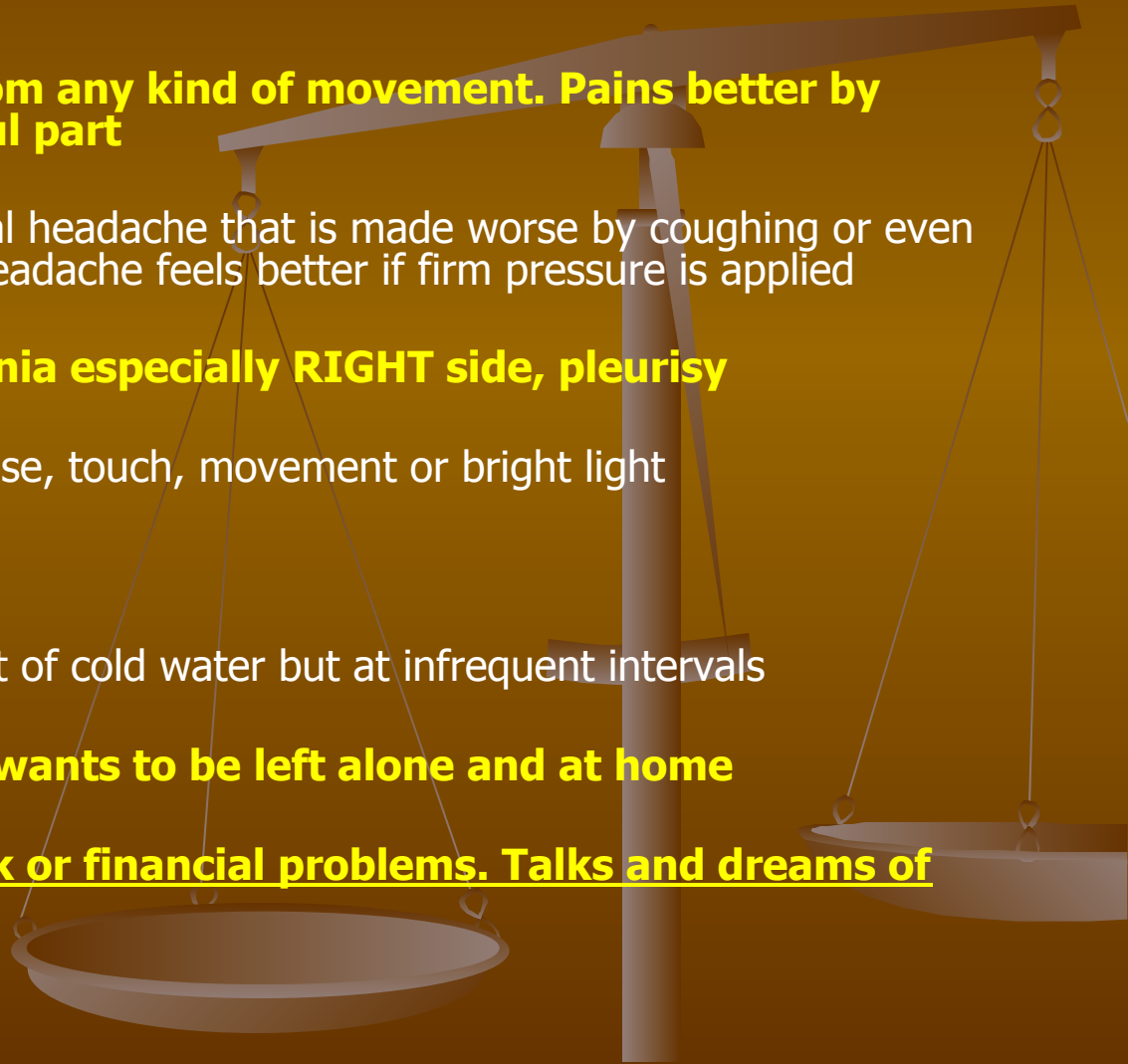
BRYONIA



Credit- Image by [Wikimedia](#)

BRYONIA

- **Slow onset**
- **Aches all over and worse from any kind of movement. Pains better by pressure and lying on painful part**
- There is usually a violent frontal headache that is made worse by coughing or even slightly moving the eyes. The headache feels better if firm pressure is applied
- **Dry, painful cough. Pneumonia especially RIGHT side, pleurisy**
- Worse from any excitement, noise, touch, movement or bright light
- Worse around 3am and 9pm
- Dehydrated, wants to drink a lot of cold water but at infrequent intervals
- **Irritability, very bad mood, wants to be left alone and at home**
- **May be worrying about work or financial problems. Talks and dreams of work**



BRYONIA

Essentials:

- Think slow onset
- Think dryness, dry cough
- Think worse for any kind of movement
- Think better pressure
- Irritability, wants to be left alone and at home
- May be worrying about work or financial problems

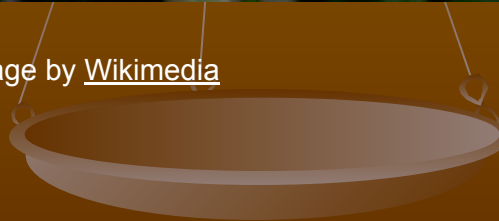


Credit- Image by [Wikimedia](#)

GELSEMIUM



Credit- Image by [Wikimedia](#)



GELSEMIUM

- **Slow onset. Lots of worry, anticipatory anxiety**
- Sore throat and chills that run up and down the spine, alternating with fever
- Splitting headache that usually starts in the back of the head better after urinating
- **General feeling of fatigue and heaviness , legs feel weak and shaky, eye lids are droopy, head feels heavy and there may be double vision**
- Pain felt in the bones
- **Although there may be a fever, very little perspiration and no thirst**
- Feels better in the fresh air and moving around. Feels worse in the early morning and late at night, in the sun and when exposed to tobacco smoke

GELSEMIUM

Essentials:

- Think Slow onset
- Anticipation anxiety
- Think general feeling of extreme weakness and heaviness, legs weak, and shaky
- Think collapse
- Think no thirst
- Think little perspiration



Credit- Image by [Wikimedia](#)

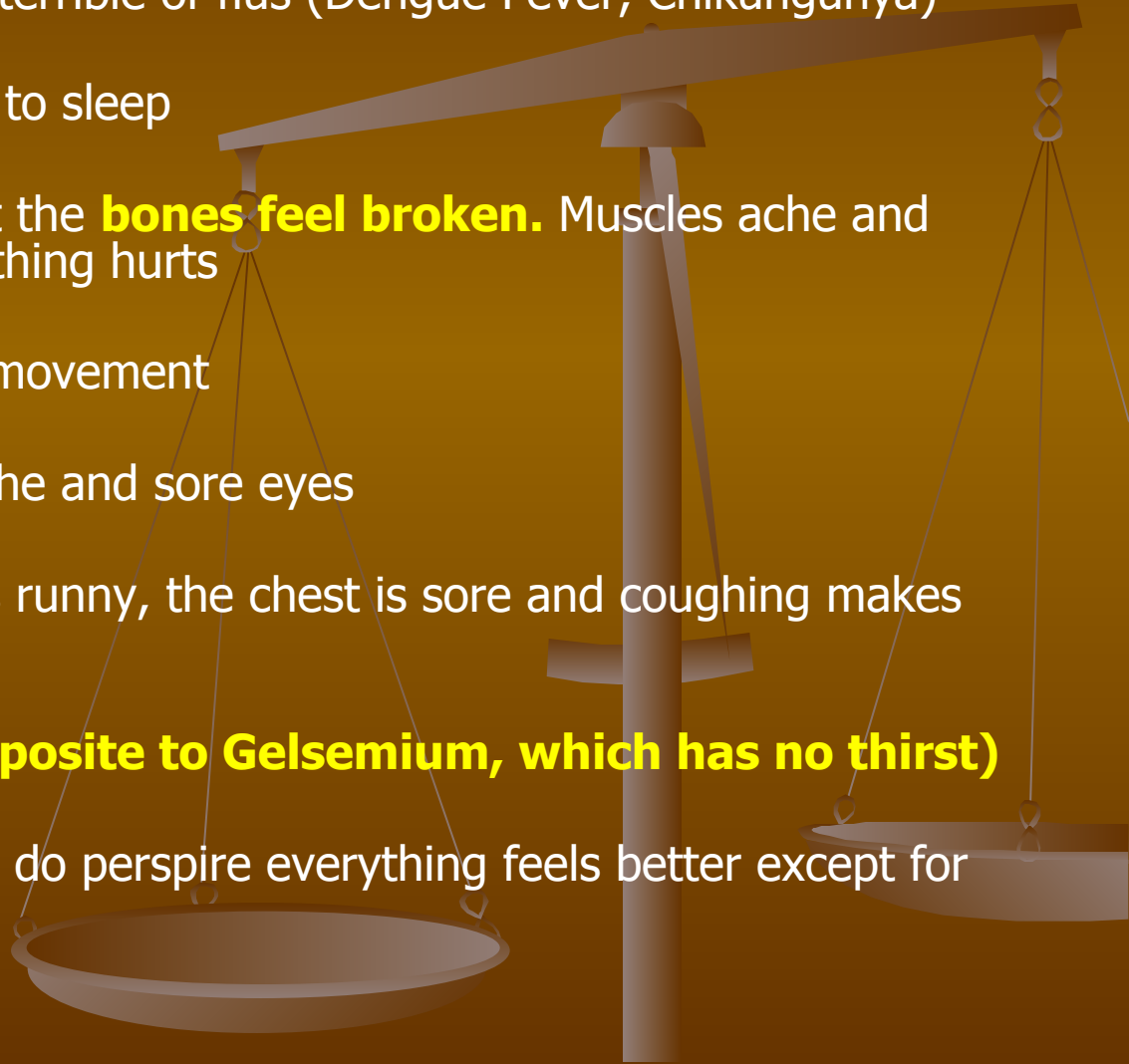
EUPATORIUM PERFOLIATUM



Credit- Image by [Wikimedia](#)

EUPATORIUM PERFOLIATUM

- This remedy is for the most terrible of flus (Dengue Fever, Chikungunya)
- May be restless and unable to sleep
- The pains are so severe that the **bones feel broken.** Muscles ache and feel sore and bruised, everything hurts
- Feels worse for any kind of movement
- May have a bursting headache and sore eyes
- Lots of sneezing, the nose is runny, the chest is sore and coughing makes the head hurt
- **Wants ice cold water (opposite to Gelsemium, which has no thirst)**
- Little perspiration but if they do perspire everything feels better except for the head



EUPATORIUM PERFOLIATUM

Essentials:

- Think the most terrible flu
- Think every bone feels broken
- Think very bad bursting headache and sore eyes
- Think worse any movement
- Generally little perspiration
- Thirst for ice cold water



Credit- Image by [Wikimedia](#)

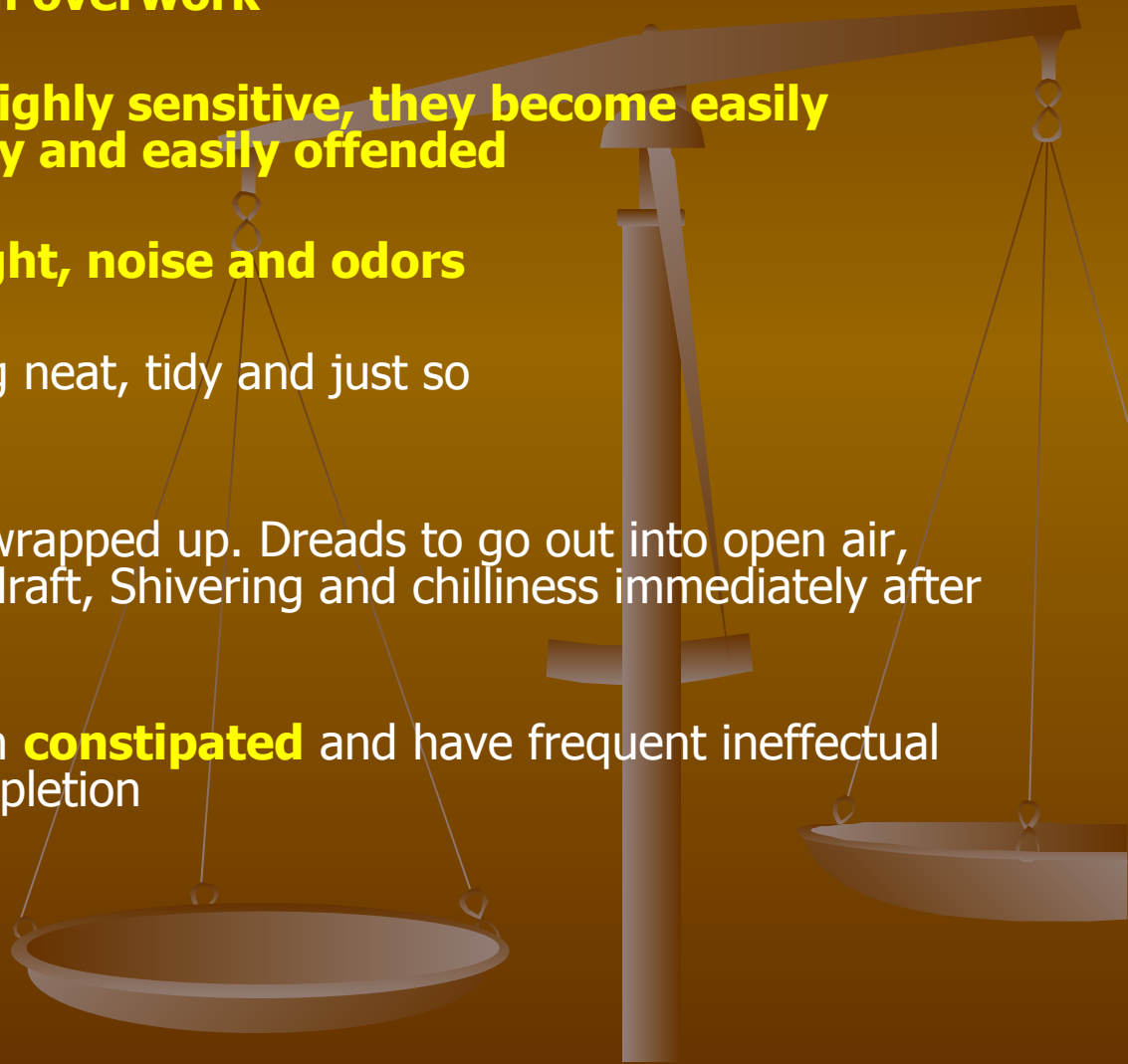
NUX VOMICA



Credit-Image by GOKALP ISCAN from [Pixabay](#)

NUX VOMICA

- **Collapse and fatigue from overwork**
- **People in this state are highly sensitive, they become easily irritated, impatient, angry and easily offended**
- **Extremely sensitive to light, noise and odors**
- Fastidious. Wants everything neat, tidy and just so
- **Chilly** wants to be warmly wrapped up. Dreads to go out into open air, gets chilled at the slightest draft, Shivering and chilliness immediately after drinking
- People in this state are often **constipated** and have frequent ineffectual urging and a sense of incompleteness



NUX VOMICA

Essentials:

- Think extremely chilly
- Think over sensitive
- Think ugly temper, irritable
- Think collapse from over work
- Samuel Hahnemann's main remedy for influenza



Credit-Image by GOKALP ISCAN from [Pixabay](#)

ARSENICUM

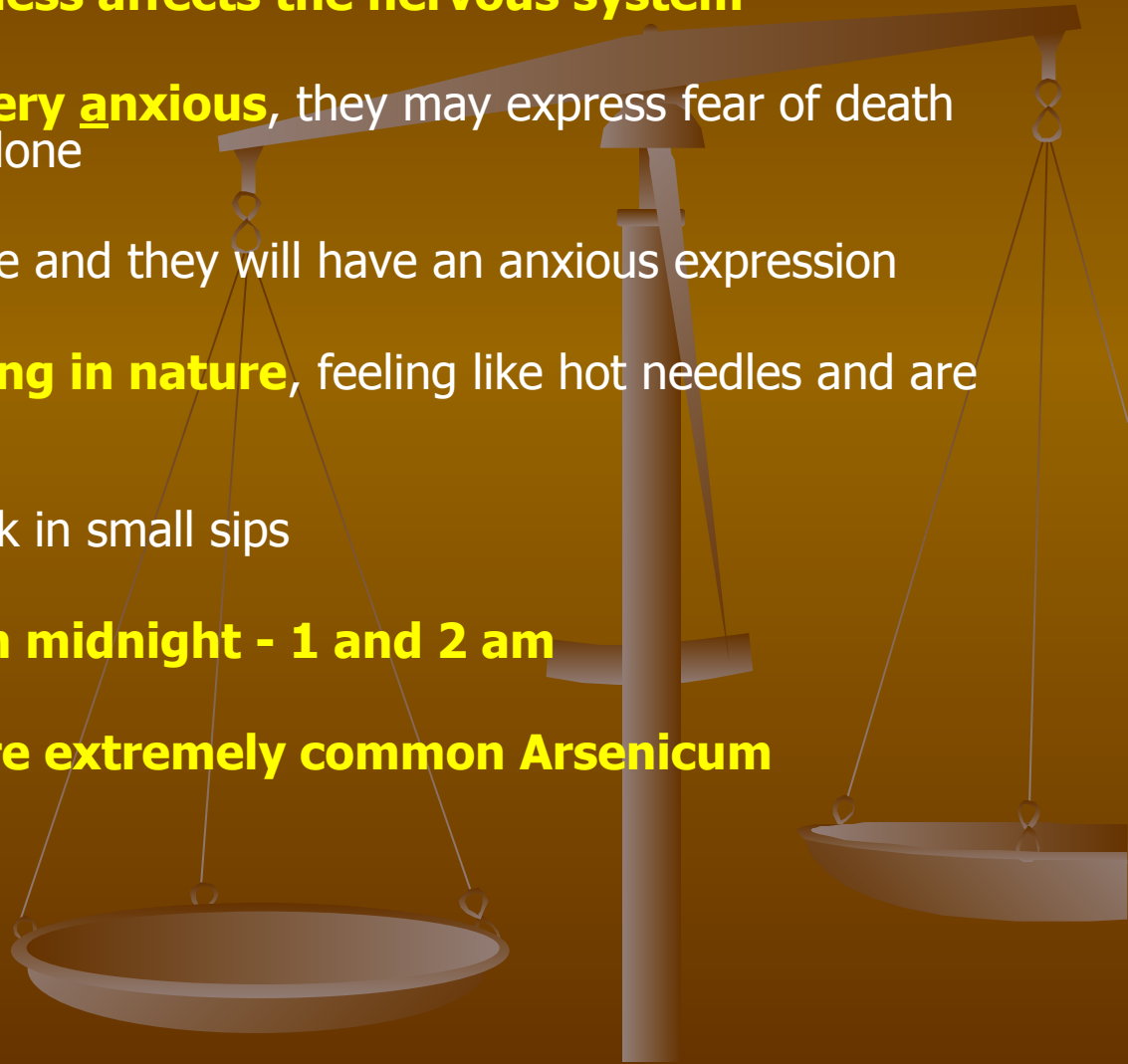


Credit- Image by [Wikimedia](#)



ARSENICUM

- **Useful when an acute illness affects the nervous system**
- **Extremely restless and very anxious**, they may express fear of death and do not want to be left alone
- **Very chilly**, face will be pale and they will have an anxious expression
- **Pains are generally burning in nature**, feeling like hot needles and are better from hot applications
- Thirsty and only able to drink in small sips
- **Generally worse between midnight - 1 and 2 am**
- **Vomiting and diarrhea are extremely common Arsenicum symptoms**



ARSENICUM

Essentials:

- Think extremely nervous and restless
- Think very chilly
- Think burning pains
- Think gastric symptoms, nausea, vomiting, diarrhea
- < Midnight – 2 am



Credit- Image by [Wikimedia](#)

ANTIMONIUM TART

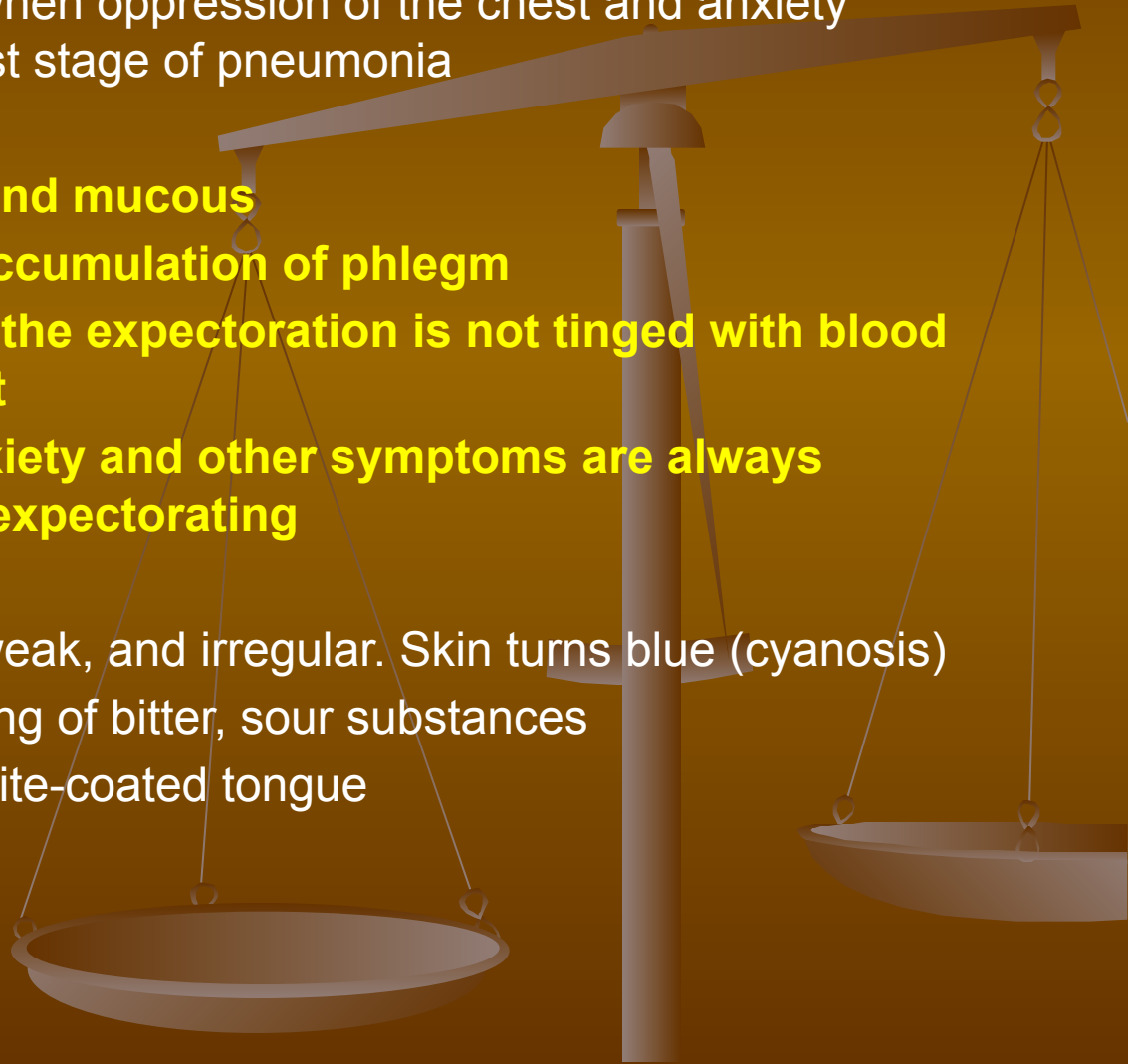


Credit- Image by [Wikimedia](#)



ANTIMONIUM TART

- This remedy is very useful when oppression of the chest and anxiety increase. Indicated in the last stage of pneumonia
- **Lungs are filled with pus and mucous**
- **Death rattle due to huge accumulation of phlegm**
- **No expectoration or when the expectoration is not tinged with blood and occurs chiefly at night**
- **Difficulty of breathing, anxiety and other symptoms are always temporarily relieved after expectorating**
- The pulse becomes small, weak, and irregular. Skin turns blue (cyanosis)
- Nausea with frequent vomiting of bitter, sour substances
- Desire for acids, apples. White-coated tongue



Camphora – especially helpful in Iran

- **Great prostration, collapse, difficult to rouse**
- Pulse is weak, extremely small and scarcely perceptible
- **Icy cold, dry skin but does not want to be covered**
- **The skin is bluish in color**, the face is deathly pale
- This remedy is indicated when there is laborious, asthmatic breathing
- An accumulation of phlegm in the air tubes
- Anxiety and restlessness as though he would suffocate



Credit- Image by Image by Il C from Pixabay

Dosage

- Take the indicated remedy in a 30c potency in a glass of water, stir vigorously and take one spoonful. No food or drink for 30 minutes either side of the dose. If you require more remedy stir vigorously and take another spoonful. Don't add more pills.
- According to the severity of the symptoms, take more often if the symptoms are severe – every 1-2 hours and less often - every 3 -4 hours if they are not too bad
- If you have taken more than 4 doses and have had no response then consider another remedy or seek professional help
- If you have taken several doses of 30c with improvement but no resolution and there is no change in the remedy picture go to 200c
- We also have many of the main remedies available in the kit at 1M potency



Helpful Remedies Noted To Date for Coronavirus

Bryonia



Credit- Image by [Wikimedia](#)

Gelsemium



Credit- Image by [Wikimedia](#)

Helpful Remedies Noted To Date in Coronavirus

Ferrum Phos



Credit- Image by Sally Tamplin

Belladonna



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Helpful Remedies Noted To Date for Coronavirus

Eupatorium - Perf



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Nux - Vomica



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Helpful Remedies Noted To Date in Coronavirus

Aconite



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Arsenicum Album



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Helpful Remedies Noted To Date in Coronavirus - Severe Lung Pathology

- We appreciate that people who are severely affected by Covid – 19 will require hospitalization and possible ventilation assistance
- The following remedies have an affinity to very severe states of collapse
- **Arsenicum Album**



Credit- Image by [Wikimedia](#)

Helpful Remedies Noted To Date in Coronavirus

Antimonium - Tart



Credit- Image by [Wikimedia](#)

Camphora



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