



How Can Homeopathy Help?
Please tell me more
Very serious cases

Sally Tamplin DSH, PCH, MARH

Homeopathy won its laurels in the epidemic diseases of the past



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Why use homeopathic remedies for an acute health care crisis?

- **Homeopaths do not waste valuable time, let's nip this in the bud!**
- **Homeopaths do not diagnose**
- **There is NO need to name the disease in order to help people**
- **Symptoms are carefully noted and a remedy is given according to the individual's manifestation of the disease**
- **A well selected remedy wakes up the body's own innate ability to heal itself**
- **The following presentation helps you to select for yourself a remedy that may help to bring you to a better state of health**



**Read carefully the descriptions for ant - t, chin, carb - v, lyc, ars, phos
and Camph**

Choose the remedy that best suits the totality of your symptoms right now!



Helpful Tips

- In serious cases the remedy may need to be repeated more often depending upon the symptoms and the vitality
- Consider dosing every 15 - 30 minutes in a desperate case
- If there's NO improvement after 4 doses look to change the remedy
- If there is considerable improvement then re dose at extended intervals of time and **STOP** the remedy if better
- If another remedy picture comes to the fore begin the new remedy, be sure to use a new glass and spoon. Remember to stir the glass vigorously before giving a spoonful



Antimonium Tartaricum

- Think loose, rattling cough
- Think chest feels full of mucus
- Think no strength, much too weak to raise the phlegm
- Think bubbling respiration
- Think **“I am drowning in phlegm!”**
- Think must sit up can't lie down, **feeling of suffocation**
- Think worse 12 - 3 am
- Think drowsy, sleepy especially in the later stages of illness
- Think white coated tongue



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China

- China is one of the best homeopathic remedies to restore vital energies after considerable loss of fluids, whether blood, diarrhea, vomiting or excessive sweating
- It is indicated when there is spitting up of blood after a violent cough, or when there is a continual taste of blood in the mouth
- Shivering alternating with excess of heat
- Frequent and short lived perspiration
- Tremor and confusion of vision
- Light headed, WEAK, continually wants to lie down
- Excessive flatulence, fermentation of the gut
- Apathetic, despondent, quarrelsome
- China is complimentary to Carb - v



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Carbo - Vegetabilis

- This remedy can be very useful in old people, sometimes in alternation with **Bryonia** when the chest is considerably affected. Threatening paralysis of the lungs
- **COLLAPSED** state. Low vitality, depletion, never well since some exhausting disease
- Icy coldness of the whole body, blue skin (cyanosis)
- Sunken eyes and cheeks, very pale face
- Intermittent pulse, thready and imperceptible
- Wants to be fanned, craves fresh air
- Excessive accumulation of gas in the gut
- Breathing is oppressive and labored, frequently wants to take a deep inspiration , loss of voice
- Spasmodic cough during the day and in the evening. Expectoration of greenish phlegm
- This remedy is complimentary to China



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Lycopodium

- **Ant - t is similar to Lyc**
- In Lyc there is greater and more distressing shortness of breath, much mucous rattling stitching and stabbing pleuritic pain and a tendency to abdominal distention
- **Marked weakness**
- **Struggle for breath with a flaying of the nostrils**
- Lower lobe of the **RIGHT** lung affected
- Thick, purulent, yellow sputum
- Aggravation 4- 8pm and by warm food
- **This remedy follows well after Carb - v**



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Arsenicum Album

- Think extremely nervous and very restless, anxious pale face, **EXTREMELY WEAK**
- **Fears germs, contamination**
- Think sore throat, runny nose, breathless, wheezy, chest feels tight
- Think very **CHILLY** wants to be wrapped up can't get warm
- **Think burning pains**
- Think gastric symptoms, nausea, vomiting, diarrhea
- Worse Midnight - 3 am
- Think white tongue
- Thirsty for frequent small sips



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Phosphorus

Essentials:

- Desires company
- Think deep cough worse from talking, laughing, cold air, laying on LEFT side
- Think chest feels heavy, sensation as if there was a weight in the chest
- Think loss of voice or hoarseness
- **This remedy may have bleeding symptoms**
- **Think burning sensations**
- Think oversensitive to light, odors, noise and touch
- **Think thirsty for cold drinks or a lack of thirst but unnatural hunger during fever**



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Camphora



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- Great prostration, collapse, difficult to rouse
- Pulse is weak, extremely small and scarcely perceptible
- **Desires covers during fever** BUT when the skin is icy cold does not want to be covered at all
- The skin is bluish in color, the face is deathly pale
- This remedy is indicated when there is laborious, asthmatic breathing
- An accumulation of phlegm in the air tubes
- **Anxiety and restlessness as though he would suffocate**
- **Compare to Carb - v, Ars and Phos**



Be sure to check out our other useful presentations

I am so terribly weak. I have lots of respiratory symptoms

I am suddenly sick, I feel awful!

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- For further remedy information please refer to the remedy section of the web site
- This presentation has been offered as an educational guide to using homeopathic remedies. **However, the authors of this site advise that you also work with your licensed physician and a professional homeopath and of course you WILL be doing this if you are very ill.** Please refer to the find a homeopath section of this web site to engage professional homeopathic help
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