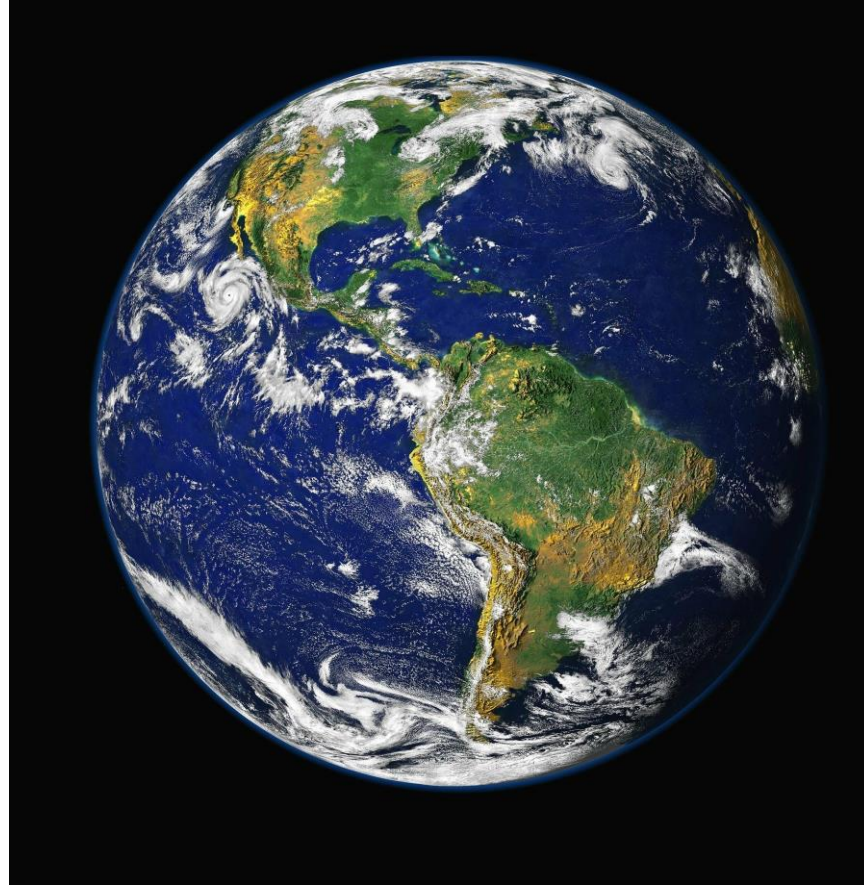


How Can Homeopathy Help?  
Please tell me more  
Very serious cases

Sally Tamplin DSH, PCH, MARH

## Homeopathy won its laurels in the epidemic diseases of the past



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# Why use homeopathic remedies for an acute health care crisis?

- **Homeopaths do not waste valuable time, let's nip this in the bud!**
- **Homeopaths do not diagnose**
- **There is NO need to name the disease in order to help people**
- **Symptoms are carefully noted and a remedy is given according to the individual's manifestation of the disease**
- **A well selected remedy wakes up the body's own innate ability to heal itself**
- **The following presentation helps you to select for yourself a remedy that may help to bring you to a better state of health**



**Read carefully the descriptions for ant - t, chin, carb - v, lyc, ars, phos  
and Camph**

**Choose the remedy that best suits the totality of your symptoms right now!**



# Helpful Tips

- In serious cases the remedy may need to be repeated more often depending upon the symptoms and the vitality
- Consider dosing every 15 - 30 minutes in a desperate case
- If there's NO improvement after 4 doses look to change the remedy
- If there is considerable improvement then re dose at extended intervals of time and **STOP** the remedy if better
- If another remedy picture comes to the fore begin the new remedy, be sure to use a new glass and spoon. Remember to stir the glass vigorously before giving a spoonful



# Antimonium Tartaricum

- Think loose, rattling cough
- Think chest feels full of mucus
- Think no strength, much too weak to raise the phlegm
- Think bubbling respiration
- Think **“I am drowning in phlegm!”**
- Think must sit up can't lie down, **feeling of suffocation**
- Think worse 12 - 3 am
- Think drowsy, sleepy especially in the later stages of illness
- Think white coated tongue



Credit- Image by [Wikimedia](#)

# China

- China is one of the best homeopathic remedies to restore vital energies after considerable loss of fluids, whether blood, diarrhea, vomiting or excessive sweating
- It is indicated when there is spitting up of blood after a violent cough, or when there is a continual taste of blood in the mouth
- Shivering alternating with excess of heat
- Frequent and short lived perspiration
- Tremor and confusion of vision
- Light headed, WEAK, continually wants to lie down
- Excessive flatulence, fermentation of the gut
- Apathetic, despondent, quarrelsome
- China is complimentary to Carb - v



Credit- Image by [Wikimedia](#)

# Carbo - Vegetabilis

- This remedy can be very useful in old people, sometimes in alternation with **Bryonia** when the chest is considerably affected. Threatening paralysis of the lungs
- **COLLAPSED** state. Low vitality, depletion, never well since some exhausting disease
- Icy coldness of the whole body, blue skin (cyanosis)
- Sunken eyes and cheeks, very pale face
- Intermittent pulse, thready and imperceptible
- Wants to be fanned, craves fresh air
- Excessive accumulation of gas in the gut
- Breathing is oppressive and labored, frequently wants to take a deep inspiration , loss of voice
- Spasmodic cough during the day and in the evening. Expectoration of greenish phlegm
- This remedy is complimentary to China



Credit- Image by [Wikimedia](#)



# Lycopodium

- **Ant - t is similar to Lyc**
- In Lyc there is greater and more distressing shortness of breath, much mucous rattling stitching and stabbing pleuritic pain and a tendency to abdominal distention
- **Marked weakness**
- **Struggle for breath with a flaying of the nostrils**
- Lower lobe of the **RIGHT** lung affected
- Thick, purulent, yellow sputum
- Aggravation 4- 8pm and by warm food
- **This remedy follows well after Carb - v**



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# Arsenicum Album

- Think extremely nervous and very restless, anxious pale face, **EXTREMELY WEAK**
- Fears germs, contamination
- Think sore throat, runny nose, breathless, wheezy, chest feels tight
- Think very **CHILLY** wants to be wrapped up can't get warm
- **Think burning pains**
- Think gastric symptoms, nausea, vomiting, diarrhea
- Worse Midnight - 3 am
- Think white tongue
- Thirsty for frequent small sips



Credit- Image by [Wikimedia](#)

# Phosphorus

## Essentials:

- Desires company
- Think deep cough worse from talking, laughing, cold air, laying on LEFT side
- Think chest feels heavy, sensation as if there was a weight in the chest
- Think loss of voice or hoarseness
- **This remedy may have bleeding symptoms**
- **Think burning sensations**
- Think oversensitive to light, odors, noise and touch
- **Think thirsty for cold drinks or a lack of thirst but unnatural hunger during fever**



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# Camphora



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- Great prostration, collapse, difficult to rouse
- Pulse is weak, extremely small and scarcely perceptible
- **Desires covers during fever** BUT when the skin is icy cold does not want to be covered at all
- The skin is bluish in color, the face is deathly pale
- This remedy is indicated when there is laborious, asthmatic breathing
- An accumulation of phlegm in the air tubes
- **Anxiety and restlessness as though he would suffocate**
- **Compare to Carb - v, Ars and Phos**



**Be sure to check out our other useful presentations**

**I am so terribly weak. I have lots of respiratory symptoms**

**I am suddenly sick, I feel awful!**

# www.flusolution.net

- For further remedy information please refer to the remedy section of the web site
- This presentation has been offered as an educational guide to using homeopathic remedies. **However, the authors of this site advise that you also work with your licensed physician and a professional homeopath and of course you WILL be doing this if you are very ill.** Please refer to the find a homeopath section of this web site to engage professional homeopathic help
- *Disclaimer: The authors of www.flusolution.net namely: Jacob Mirman MD and Sally Tamplin do not claim that homeopathic remedies can cure influenza or any other disease, and are not liable for any ill health or damages arising from the use of, or inability to use the information given on this educational web site or any material contained in it, or from any action or decision taken as a result of doing it.*